

Planning for Disaster



David Oates
Editor

So let's recap. The last two meetings dealt with treating a heart attack victim as well as how best to respond to such things as an earthquake, wildfire or house fire. Well, aren't *WE* a positive bunch of optimists! These topics were most important though. But next time maybe we should throw a comedian or two in between.

The meeting started off with an Inspirational Moment on being prepared by **Linda Sterling**, followed by **Steve Hubbard** who led us brilliantly in the Pledge of Allegiance and the singing of *The Star Spangled Banner* (GO NAVY!), accompanied by **Larry Showley**. **Mark Burgess** provided the summary of the news courtesy of **Rich DeBolt** and San Diego Van & Storage Company.

Next, **President Michelle** welcomed all guests of which there were quite a few for reasons that will become clear later in this write up. She kicked off a slew of announcements that started with **Walter Lam**, who told us about the Clean Water Committee and their fantastic work with Quench and Connect who are providing much needed clean water in Uganda. Our club's \$4,500 grant will ensure more than 10,000 students will have this basic life necessity over the next 10 to 15 years. **Diana MarJip-Chuh**, after giving some background on the Year of the Sheep in honor of Chinese New Year, reminded us all about next week's Brown Bag sessions. If you didn't sign up before reading this, well I'm sorry to say you'll miss out. I hope many of you registered already and are planning to take advantage of our fellow Rotarians who are opening their doors to us on this very popular program. Thanks to those who did!

Immediately following Diana was **Marten Barry**, heretofore known as "The Golf Guy," (thanks to accountant turned branding guru **Mia Harenski**) who told us about the upcoming tournament at the San Diego Country Club on March 13. You can't sign

up online, so contact the office or Marten directly if you're interested in playing. **Jeremiah Doran** then took to the podium to welcome in the Hoover High School Interact Class of 2017. These students were selected after a rigorous evaluation to partake in the program that is a marked success. Lead by Price Charities and supported by our amazing Interact Committee members, the program boasts a 90 percent graduation rate, with the graduating class of 2014 receiving an amazing \$365,000 in scholarship money to attend college. Congratulations to all the students who participated!

Jenni Prisk was next on the hit parade to talk about the San Diego Rotary Club's inaugural Peace Award that will take place during the September 17 program. Nominations for those who are making a difference in the world through such ventures are being accepted through May 31. Stay tuned for more information and start putting some thought into who might be worthy of such recognition!

Next up, President Michelle introduced us to **Kimberly Medeiros**, our newest member and Executive Director of First 5 San Diego. She has incredible credentials and will no doubt be a force in our club. I say this because if she is the matriarch of a family with four teenage boys and three daughters, she already FULLY understands the meaning of Service Above Self. Thanks to primary sponsor **Marlee Ehrenfeld** as well as co-sponsors **Jackie Meyer** and President Michelle for bringing her in!

Michelle then introduced **Peg Eddy**, our Chair of the Day, who by the way did not attend 9 different grammar schools and 3 high schools because of a behavior problem, but because she was an Army brat. She presented our Rotarian visiting from the farthest distance (Kyoto, Japan to be exact) with a bevy of gifts.

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NEXT MEETING

February 26
Annual Brown Bag
Luncheon

No meeting at Liberty Station

One of the long standing traditions of Rotary, the Brown Bag Luncheon provides our members with a chance to visit a vast number of member businesses and join fellow Rotarians at their place of work.

Thank you to all of our hosts that are participating this year.

- American Red Cross
- Art Institute of California
- Karl Strauss Brewery
- Phil's BBQ
- Reuben H. Fleet Science Center
- San Diego Convention Center
- San Diego History Center
- San Diego Humane Society
- San Diego State University
- San Diego Workforce Partnership
- The Old Globe Theatre
- U-T San Diego
- U.S. Navy

Online registration is required in order to participate in a BBL. Go to page 4 for more information.



Lambert Hsu &
Diana MarJip-Chuh
Brown Bag Lunch Co-Chairs

QUICK BITS

2015-2016 PROJECT ALLOCATION APPLICATIONS

IMPORTANT: Deadline to submit applications is March 13th.

Please contact [Tyler Cramer](#) if you have any questions.

[Click here](#) to be directed to the forms on our website.

MARCH 13 CLUB 33 GOLF

TOURNAMENT - If you are interested in playing in the 2nd round of this annual tournament at the San Diego Country Club, please contact [Marten "the Golf Guy" Barry](#) immediately. Cost is \$116.

SAN DIEGO PADRES SEASON

TICKETS—if you are interested in purchasing tickets for what looks to be the best season in many years, contact [Craig Nelson](#). He has a couple of openings in the Club 33 group which is at a 35% discount off the face value of the tickets. And the seats are right behind home plate!

BIRTHDAYS

The dates of these birthdays were incorrectly reported in Issue #29—here are the correct dates.

Chris Bryant Feb. 12

A.J. Antun 13

Don Tartre 14

Greg Pyke 14

This week's birthdays:

Michelle Candland Feb. 23

John Peelle 26

Terry Moore 26

John Ahlering 26

Don Kent 27

Planning for Disaster

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They included an emergency preparedness kit with three days worth of provisions for two people, a state-of-the-art piggy bank complete with savings, spending buckets to represent her profession as a certified financial planner, and, if all else fails, a nice bottle of wine so you won't care if a wildfire or stock market crash hits. She then introduced our guest speaker Fire Captain Joseph Amador, Public Information Officer for the City of San Diego Fire and Rescue Department.

Captain Amador wasted no time to talk about the need to create a plan for a disaster. The goal is for every family to plan to be self sufficient for 72 hours in case emergency crews cannot get to a neighborhood during that time. He recommended several things to maintain in a disaster preparedness kit, including flashlight, batteries, radio, any medicine folks are currently taking, water and such. Captain Amador went through a litany of scenarios, including what to do and prepare for in case of an earthquake, wildfire or flood. One thing I remember vividly was the need to duck and cover under a desk or heavy structure at home during an earthquake and NOT run outside where falling debris from buildings, power lines and trees can cause greater injury. For those of you with mirrors on the ceiling above the bed (and YOU know who YOU are), heed Captain Amador's advice to take that down so as to not run the risk of having it fall on you in the middle of the night when an earthquake strikes. The takeaways from his talk are pretty clear: have an escape plan for various disasters, conduct practice drills so everyone is prepared, have a strategy to reunite with families and a communications plan to keep all parties informed. Doing so can make the difference between panicking during a disaster and rising above the fear to save you and your family's lives.

I hope you all enjoy next week's Brown Bag Luncheon wherever you go. For those of you who forget and go to the Liberty Station Conference Center, be sure to say hello to the other Rotarians who forgot that we're not meeting there next week!

Until then, I'll see you all in service!

CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

February

26 *Brown Bag Luncheon—No Meeting at Liberty Station*

March

5 *Mercy Outreach Surgical Team (MOST)*

12 *John Reilly-Sea World*

19 *Camp Enterprise-Guest speaker Jim Sinegal*

26 *Rick Gentry-San Diego Housing Commission*

GROTARIAN EVENTS

Thank you to everyone who registered for the Fireside Chat.

Please remember that this meeting is not open to spouses or guests. We will see you there!

WINTER FIRESIDE CHAT

Tuesday, February 24

5:00 pm - 7:00 pm

Location: Academy of Our Lady of Peace

Address: 4860 Oregon St. San Diego, 92116

SAVE THE DATE: MORE DETAILS TO FOLLOW ON THESE UPCOMING EVENTS:

March 17—an evening on the Midway

April 21—a cooking class at Great News Cooking School

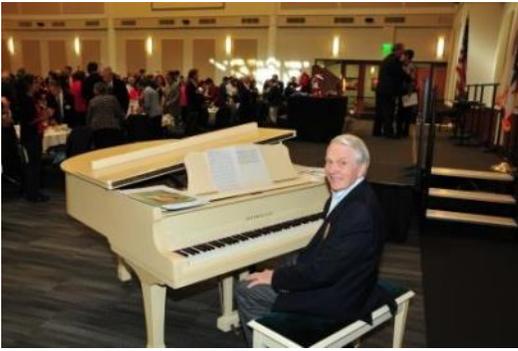
Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

Michelle Candland, President ♦ Paul Devermann, Executive Director

San Diego Rotary ♦ 2247 San Diego Avenue, Ste. 233, San Diego, CA 92110-2943

Phone: 619/299-3309 Fax: 619/299-3340 ♦ e-mail: paul@rotary33.org ♦ website: http://www.sandiegorotary.club

FACES IN THE CROWD



Larry Showley entertained us on the new piano.



Chair of the Day Peg Eddy gave our visiting Rotarian from Kyoto Japan his own disaster preparedness kit.



Guest speaker Captain Joe Amador provided ample advice on how to be prepared for a natural disaster.



New member Kimberly Medeiros (center) with sponsors Marlee Ehrenfeld (left) and President Michelle.



Hoover High student and Interact Club member Lan Nguyen, expressed interest in starting a disaster preparedness club for the school.



Joe Austin, Beatriz Valencia and Jeremiah Doran joined us to present Interact certificates to the Interact Club .



President Michelle presented Captain Amador with the customary speaker's gift.



Over 50 Hoover High School Interact Club sophomore students received their inaugural certificates and pins.

February 26, 2015 - Brown Bag Lunch

REGISTRATION HAS BEEN EXTENDED

DEADLINE TO SIGN UP FOR A LUNCH IS BY MIDNIGHT ON MONDAY, FEB. 23RD.

Each location has limited space available and some have already been closed.
Attendance at a Brown Bag Luncheon is mandatory, just like our regular Club meetings.

Lunch will be provided at all sites. Guests are welcome (\$30 per guest)
More information and a link to register can be found on the Club's website and here....

<http://www.sandiegorotary.club/event/brown-bag-lunch-2/>

2015 Brown Bag Lunch "Menu Selection"



San Diego History Center

Rueben H. Fleet Science Center

US Navy-*Closed*

American Red Cross

Art Institute of California

San Diego Humane Society & SPCA

San Diego Convention Center Corporation

San Diego Workforce Partnership

The Old Globe

U-T San Diego—*Closed*

Karl Strauss

San Diego State University-*Closed*

Phil's BBQ-*Closed*

Thank you to all of our participating hosts!

New Member News

Please welcome our newest member to the club.



Kimberly Medeiros - "County Government-First 5 San Diego." Kimberly is the Executive Director of First 5 San Diego, a government program that promotes the health and well being of young children from the prenatal stage through age 5. Marlee Ehrenfeld, Michelle Candland and Jackie Meyer were her sponsors.

(B) 619-523-7710

kimberly.medeiros@sdcounty.ca.gov

Support Camp Enterprise

Camp Enterprise T-shirts will be on sale at the meetings on March 5 and March 12. Be sure to pick one up and show your support for the program.

You can also choose to show your support by sponsoring one of the following areas in the new "Friends of Camp Enterprise" program. Your name or logo will proudly be included in all Camp signage.

Sponsor a student (90 opportunities) - \$50

Sponsor a team (10 opportunities) - \$500

Sponsor a cabin (13 opportunities) - \$750

Sponsor a meal (Breakfast, lunch or dinner- 7 opportunities) - \$1,000

Please contact [David Oates](#) if you have any questions. Contact the Rotary office if you would like to purchase a sponsorship. Thank you!

Alcazar Garden Planting

If you missed last month's event, here is another opportunity to join in on preparing the gardens for the upcoming Centennial Celebration at Balboa Park.

Friday, February 27, 9:00 am-12:00 pm

Up to 25 volunteers are welcome and lunch will be provided, courtesy of the Friends of Balboa Park.

Family and guests are also welcome.

[Click here to sign up](#)



2015 San Diego Rotary Peacemaker Award

PURPOSE: To honor organizations or individuals in San Diego County (including Rotarians) who have made a significant difference in promoting tolerance, understanding, conflict resolution and peace. The winning nominee will be selected on demonstrated commitment to the foregoing, & actions taken to bring about the changes referred to in Rotary's Mission Statement: *help build goodwill and peace in the world.*

The closing date for nominations is May 31, 2015.

If you would like to nominate an individual or an organization, please complete the nomination form and submit it to the Peace Committee Chair Jenni Prisk or the Rotary office before the deadline. [Click here](#) to download the nomination criteria and the nomination form.

If you have any questions, please contact [Jenni Prisk](#).

The Award will be presented at the Rotary Luncheon Meeting on
September 17, 2015.

In Memoriam



Charles B. Blake

1924-2015

Club 33 member since 1986



Charles passed away on Friday, February 13. A memorial service will be held on March 6 at the First Presbyterian Church on 320 Date Street, San Diego, 92101 at 11:00 am.