

# THE ROTATOR

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SAN DIEGO ROTARY CLUB

## Ooh Rah!



Camille Newbern  
Editor

For my first attempt at the Rotator, my greatest fear was that I would not do my fellow editors justice. This trepidation was soon replaced with the frightening fact that I might not hear Thursday's meeting at all, given my close proximity to the Marine Band. On the upside, I left my cell phone on high, as I felt assured that it's ring would fall on now deaf ears, leaving me immune to any sort of fine. But I digress.

This past Thursday, Club 33 was treated to a change of scenery as we met at the Marine Corp Recruit Depot (MCRD). Established in 1919, the MCRD trains over 21,000 recruits each year. The aforementioned Marine Band, which participates in over 500 events a year, led with a patriotic selection as Rotarians enjoyed their lunches. **President John** called the meeting to order and it was down to business. One couldn't help but swell with a bit of American pride in such a setting as the Colors were presented and the band played the National Anthem. In addition to a difference in locale, President John changed it up from a video of the day to a word of the day- *intrepidity*, meaning strength of mind to carry on in spite of danger. If ever there was a word to describe the marines, it is *intrepidity*. These men and women epitomize immeasurable fortitude of both mind and body.

Our Inspirational Moment was given by **Wayne Goodermote**, a retired 26-year veteran who was a captain in the Navy. Wayne was awarded a Silver Star for his conspicuous gallantry and *intrepidity* while interned as a POW in North Vietnam. He told us how the idyllic surroundings of MCRD reminded him of the rural New York community in which he was raised, which brought him a sense of belonging and peacefulness. **Stan Lawrence** followed with the News, sponsored by **Divya Kakaiya** of Healthy Within Wellness & Integrative Center.

President John reclaimed the microphone to welcome back **Tracy Sundlun** from the Summer Olympics at Rio. The acknowledgement was well deserved; as the coach for

the US Track and Field team, Tracy has brought home more Olympic medals than any other Track and Field team in the history of the games. As Rotarians, we are constantly humbled to be seated amongst giants.

In what was probably my favorite part of the meeting, the Marine Band played a medley of service songs- those who have served were asked to stand when their branch's tune was played. Many Rotarians have served in the military. It is an honor each time we are given the opportunity to recognize and thank them for their service.

Then, in true Morrellian fashion, the President called out **Mike Morton, Sr.** for missing a recent meeting, and fined him \$100 on multiple "offenses" including his membership at and tenure as commodore at the San Diego Yacht Club, his residency in Point Loma and his recent acquisition of the Red Sails Inn.

Following what seems to now be weekly fines, President John welcomed Club 33's newest honorary member, **Brigadier General Bill Journey**. In addition to playing our host at the MCRD, the North Carolina native and longtime Marine is pleased to call San Diego his new home.

It was only fitting that the Chair of the Day be the daughter of a celebrated U.S. Marine - Major General Bruno Hochmuth. **Lynn Congemi**, a self-proclaimed "military brat," has a long history with the MCRD, living there twice during her father's service. Not always one to fall in line, Lynn recounted her memories as a rebellious teen that would park her bike in the Commanding General's space. Following her father's death in combat, Lynn's mother was often asked why she didn't encourage him to leave the service. To this, she responded that, like all Marines, he was raised and trained to be a commander of men. Lightening the mood, Lynn welcomed the guest from the farthest distance, an affectionate Rotarian from Luxembourg.

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## Next Meeting

September 1, 2016

District Governor  
**Marilyn Sanderson**  
And  
Annual Committee Showcase

It took three continents and seven years for District Governor Marilyn Sanderson to become a TRUE ROTARIAN. Marilyn was a Rotary drop-out before she found her passion and her voice.

Come listen to Marilyn & her story of becoming a TRUE ROTARIAN.

Marilyn is a member of the Rotary Club of La Mesa Sunrise and was president in 2009-10. She found her passion for Rotary in Kenya and Mexico participating in club and District projects. Locally, she has initiated and participated in many projects benefiting senior citizens, disabled veterans and foster children.



Pat Crowell  
Chair of the Day

## Annual Committee Showcase

The Club 33 committees will showcase their projects and activities before the program begins. Be sure to arrive early to have the opportunity to visit the committee tables and displays to see what they are all about...and to sign up!

**The Showcase begins at 11:15 and our regular program will begin at 12:30.**

## QUICK BITS

The **CAROUSE & COMMERCE COMMITTEE** has announced their next social gathering! Join them at **Stone Brewery in Liberty Station on Thursday, September 1 at 4:30 pm**. Bring along a prospective member for an early evening of fun and fellowship. No registration required.

The **SMALL CLUB JOINT VENTURE COMMITTEE** wants to remind you to consider doing your meeting makeups with the **Southeast San Diego Rotary Club**. They meet on Wednesdays at noon at the Jacobs Center in the Community Meeting Room. Their address is 404 Euclid Avenue, San Diego, 92114. Their lunch cost is \$15. For catering purposes, please contact Diane Crawford at [sesdrotary@yahoo.com](mailto:sesdrotary@yahoo.com) the day before you plan to attend.

## BIRTHDAYS

	August
Tom Wilson	29
John Hill	29
Doug Myers	30
Tom Vecchione	31
Mark Nelson	31
	September
James Buley	1
Bonnie Schwartz	1
Dick Green	2
Stan Hartman	2
Siyamak Khorrami	2
Jeff Hill	3
Bill Herrin	4
Paul Nestor	4
Dave Geier	4

## Ooh Rah! *continued*

She also acknowledged her guest, Director of the USO Airport Center, Bobby Woods, Sergeant Major, USMC (Ret).

With over 40 years of active service under his belt, fellow Club 33 member, **Colonel Rick Huenefeld**, USMC (Ret), led the program on the history of San Diego's MCRD. Responsible for roughly 2,200 Marine recruiters and support personnel stationed at about 750 recruiting sites, the MCRD looks for the finest in new recruits. Not only are they the most physically fit, new recruits are also some of the brightest, plucked almost exclusively from the top 25% of their high school classes. No matter what you think of the millennial generation, the MCRD is proof that in this relatively small pool, young Americans are still passionate about answering the call of service. The Marine corps offers the opportunity to participate in something greater than themselves. For twelve weeks, the recruits endure three phases of training: the transition from civilian to recruit; marksmanship; and final evaluations, including the 54-hour "Crucible," where the men and women are deprived of both food and sleep, testing their abilities to think, plan and work successfully as a team. The Crucible culminates in a brutal climb up the "Grim Reaper," where the new recruits are called Marines for the first time as they "watch the sunrise over the Pacific." Being an elite member of the Marines, I suppose they can watch the sunrise wherever they choose.



Wayne Goodermote with General Journey

## CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

### September

- 1 *DG Marilyn Sanderson & Annual Committee Showcase*
- 8 *Program TBD*
- 15 *Mr. San Diego & Mrs. San Diego Program*
- 22 *Nancy Hughes, Stove Team International*

## GROTARIAN EVENTS

**Tuesday, September 13**  
**Annual Grotarian Poolside Chat**  
**Time: 5:30 pm - 7:30 pm**  
**Cost: FREE**

Red Badgers! Please come and learn more about Club 33 and our committees as we enjoy President John Morrell's delicious Pozole by the pool.

[Click here](#) for more information and to register.

**Save the date!**  
**Tuesday, October 18**  
**Grotarian event at WFW Industries & Workshops for Warriors**

**Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106**

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# MEMBERSHIP

Please welcome our newest member to the club:



Our newest Honorary Member and new Military Liaison is the Commanding General of MCRD San Diego and the Western Recruiting Region, **Brigadier General William M. Journey**.

General Journey graduated from the University of North Carolina in 1986 and enlisted in the Marine Corps the following year to be an Infantryman. In 1988, he was commissioned through the Enlisted Commissioning Program.

He has commanded at the Infantry Platoon, Company, Battalion and Regimental Levels in the operating forces and was deployed in support of Operations Desert Shield and Desert Storm.

General Journey has had a series of demanding operational assignments too long to write...you can [click here](#) to read his full bio.

In addition to The Basic School and the Infantry Officers Course, Brigadier General Journey is a graduate of the Amphibious Warfare School, Marine Corps Command and Staff College, and the Naval War College. He has earned master's degrees in Military Studies, and in National Security and Strategic Studies.

A distinguished leader and Marine, we are proud to welcome Brigadier General Journey to San Diego and to the San Diego Rotary Club.

The following applicants were recommended to the Board of Directors by the Membership Committee and will be approved for membership unless objections are received at the Rotary office by **September 7:**

- ◆ Steve Carlson - Woods Real Estate Services - "Real Estate Sales-Residential, Additional Active"
  - ◆ Mike Clark - JP Morgan Chase - "Banking - Business Banking"
- ◆ Josh Green - U.S. Attorney's Office - "Federal Government-U.S. Attorney's Office, Additional Active"
  - ◆ Megan Pogue - Timken Museum of Art - "Museum-Art"
    - ◆ Glenn Rossman - Retired - "Retired-Actuary"
- ◆ Nicholas Westendorf - Morgan Stanley - "Investment-Wealth Management, Additional Active"

# FACES IN OUR CROWD

❖ Marine Corp Recruit Depot ❖



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