



THE ROTATOR

Vol. 100, No. 20 November 14, 2013

ROTARY CLUB OF SAN DIEGO

SALUTE TO OUR MILITARY



Andy Liska
Editor

What an amazing day to be an American living in America's finest city! One of my all time favorite meetings of the year is our Club's annual Salute to the Military including those in uniform and those Rotarians who have proudly helped leave a path for the young men and women to follow in the service of our Country. How appropriate it is to have this incredible meeting at *Liberty Station*.

With a very full agenda, President-Elect **Michelle Candland** did a fine job pinching for an under-the-weather President **Chuck Pretto**. Michelle asked us all to keep the families of the four marines killed in an accident at Camp Pendleton in our prayers, and then turned the podium over to USMC Community Liaison **Rich Huenefeld** for the always moving presentation of the Flag by the USMC Color Guard. Rick led us in the Pledge of Allegiance followed by the singing of our National Anthem accompanied by the USMC Band. Folks, if this doesn't make you proud to be an American, check to see if you still have a pulse. At Rick's request, the Color Guard then Retired the Colors.

April Langwell, External Affairs Officer, Navy Region Southwest, gave today's inspirational moment after lighting a candle at her seat to remind us of those who cannot be with us. April's story was about an old traveler who built a bridge across a deep chasm to allow young future travelers to be able to follow in his path, just as those who have previously served in uniform have helped build the path of service to our country that today's young servicemen and servicewomen are following.

PE Michelle resumed command and introduced Board Member and Chair of the Day **Peg Eddy**, who also chairs the Military Affairs Committee. Peg introduced

and welcomed a number of our distinguished guests from the Military including Admiral James Lorge, Commander, Navy Region Southwest; Brigadier General James Bierman, Commanding General of MCRD; Captain Sean Mahoney, Sector Commander US Coast Guard (more about Captain Mahoney later); Maureen Lastra, the wife of today's speaker; Bobbie Wood, Executive Director of the Neil Ash USO at Lindbergh Field; and Manpower's retired veterans and Marine Gunnery Sergeant Cazee, the coordinator of the Marines Wounded Warrior program and Balboa Hospital. It was an honor to be in the fine company of all our military guests and former military members, and the applause was deafening.

Perhaps my favorite Club 33 tradition followed with the USMC Band robustly playing a medley of service songs, with past and present members of each branch standing when their song is played. This is clearly a crowd favorite and a wonderful tribute to these men and women who have or are now serving their country with such pride and honor.

Today's news, sponsored by President Chuck Pretto and Kobey's Swap Meet, was ably given newsman **Mark Burgess**. Michelle thanked the Senior Services Committee for once again facilitating the Senior Clothes Drive, and thanked Rotarians for their donations. **Jen Weissman** invited all to attend tonight's Society 33 get together at Miguel's in Old Town. Thank you, **Mike Morton, Jr.**, for once again hosting this casual fellowship opportunity. In honor of his 90th birthday, a room full of Rotarians and guests serenaded **Ed Glazener** ("90 is the new 60") with a rousing rendition of Happy Birthday. Captain Sean Mahoney was welcomed by fellow Irish person **Shandon Harbor** as our club's new Military Liaison Member. Ever
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NEXT MEETING

Thurs., Nov. 21, 2013

Liberty Station

Conference Center

2600 Laning Rd., S.D. 92106

"Comets: Time Capsules of the Solar System"

Dr. David E. Harker
Associate Research Scientist
University of California
San Diego/Center for
Astrophysics and Space
Sciences (UCSD/CASS)

Comets are the frozen reservoirs of dust and ice that existed in our solar system during the earliest epochs, before the formation of planets. Dr. Harker will address exactly what comets are, how we observe them, and what they can tell us about the early solar system. He'll also talk about how worried we really have to be of a comet colliding with the Earth.



Craig Blower
Chair of the Day

QUICK BITS

IMPORTANT DATES

Nov. 16—8:30 a.m.

Rotary Walk at Mission Bay Park

Dec. 16—6:30 p.m.

Cygnnet Theatre's "A Christmas Carol"

Register for events at

www.rotary33.org or

www.rotary5340.org

SENIOR CLOTHING DRIVE

For those of you who forgot to bring your donation for the Warm Clothes Drive, the Senior Services Committee will continue to accept new senior clothing donations at next week's meeting, November 21, or contact, Cheryl Wilson at (619) 239-6900, Ext 3008 to drop off your donation.

PHOENIX HOUSE

TRANQUILITY GARDEN

In partnership with the El Cajon Club, work for a day to improve the Phoenix House Tranquility Garden on Saturday December 7. Bring some gloves, a positive attitude and a desire to help kids help themselves. Contact **Michelle Candland**. mcandland@cox.net

CAMP ENTERPRISE

LEGACIES

Got a relative or close friend who's a high school junior? Think about having them come to Camp Enterprise March 13-15. We have a few "legacy" slots that can be filled this way. Contact Michael Anderson or David Oates soon before they fill up!

THROUGH THE LOOKING GLASS

A HOLIDAY TRADITION

What would the holidays be like without the music and singing? I'm sure you agree they wouldn't be the same. The musical Holiday Program has been a treasured Club 33 tradition ever since Homer Peabody started it well over 40 years ago. It brings members, family and guests together for a joyful celebration of the past and future. Among our guests are 80-100 Seniors. In many instances, this is the highlight of their holiday season.

Believe or not, planning for the Program begins early in the year, with our Co-Chairs, **Steve Hubbard, Jack Anthony and Suzy Spafford** selecting music and a theme. The next step is forming the Rotary Chorus, which is an integral part of the program. Over the last few years, as some of our "stalwart" chorus members have gotten older (actually we're all getting older), our numbers have declined. We need some new blood.

Chorus practice begins on Monday, November 18 at 5:30 pm, at Girl Scout Headquarters in Balboa Park, and will meet each Monday evening until the program on December 19, with the "dress" rehearsal on Wednesday, December 18. With the exception of the dress rehearsal, practices last an hour and a half. Participating is not a huge time commitment. And it's truly fun—watching Steve direct, participating, and singing wonderful music with your friends in Rotary.

With the influx of 57 new members over the last eighteen months, there has to be some singers among you. Please help bring joy to yourself and others, and join us, starting this Monday night! Questions? Contact Jack Anthony, Suzy Spafford, or Steve Hubbard.

CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER

NOVEMBER

28 **DARK**

Happy Thanksgiving

Happy Hanukkah

DECEMBER

5 *Cygnnet Theatre's "A Christmas Carol"*

12 *Rotary Auction*

19 *Rotary Holiday Program (Sheraton East—Grande Ballroom)*

COMMITTEE MEETINGS

NOVEMBER 21

Auction Room TBD

Membership Room TBD

BIRTHDAYS

Paul Palmer	Nov. 18
Steve Porter	19
Irene Wells	19
Gordy Lutes	20
Shandon Harbour	20
Neil Larson	20
Larry Kuntz	21
Divya Kakaiya	23
Rich DeBolt	23
Jerry Van Ert	23
Bruce Drake	24

HOST HOSPITALITY

Rotary International is having the annual International Assembly this January in San Diego. District Governors-Elect attend this training January 12 – 18, 2014. We again have the opportunity to Host District Governors-Elect from around the World, January 15, 2014. If you have interest and for more information and registration, go to the Link below.

<http://clubweb.rotary5340.org/hospitality/hosts.html>

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

Charles J. Pretto, President ♦ Dick Troncone, Interim Executive Director

Rotary Club of San Diego ♦ 2247 San Diego Avenue, Ste. 233, San Diego, CA 92110-2943

Phone: 619/299-3309 Fax: 619/299-3340 ♦ e-mail: bruce@rotary33.org ♦ website: <http://www.rotary33.org>

FACES IN THE CROWD AT OUR MEETING



Pictured at left from top to bottom:

April Langwell gave the inspirational moment

President-Elect **Michelle Candland** welcomed new Military Liaison member Capt. Sean Mahoney

Jean Young was fined for promoting an open house for the new Camp Pendleton Replacement Hospital on Friday, November 15, 2013

Military guests were recognized

Pictured at right from top to bottom:

Ed Glazener celebrated his 90th birthday

Jack Anthony asked for Rotarians to participate in the Rotary Holiday Chorus

Chair of the Day **Peg Eddy**, guest speaker **Lu Lastra** and **Michelle Candland**

Marine Band San Diego entertained us

Photos courtesy of Paul Nestor



MORE “SALUTE TO OUR MILITARY” BY ANDY LISKA

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resplendent **Nancy Scott** reminded us to get auction items to the Auction Committee, and “threatened” us with a formal black tie fund raising dinner if we didn’t come through. **Paul Nestor** wants wine—no, *fine* wine—for the “wall of wine” at the auction. Dig deep in those wine cellars for those special *bottles* - not the *boxes* that **Phil Blair** apparently prefers. If you can sing, especially our women members, get in touch with **Jack Anthony** for rehearsals for one of my other favorites, the annual Holiday Program. **Jean Young** took a fine for promoting an open house for the new Camp Pendleton Replacement Hospital on Friday, November 15, 2013 from 10:00 a.m. to 6:00 p.m. You will need to bring a photo ID and your vehicle registration to get on base.

If you are looking for a wonderful evening of food, fellowship and great entertainment, check out the Cygnet Theatre’s presentation of *A Christmas Carol* on Friday, December 6, 2013, at 6:30 p.m. This classic Christmas standard is presented as a 1944 radio show and is very entertaining. Details and sign-ups for this not-to-be-missed event can be found on the Club 33 website.

Peg Eddy put her Chair of the Day hat on and began today’s program. Visiting Rotarian Per Aronson came the furthest distance and left with a plastic green pig to take back to Sweden with him. Peg then introduced our speaker of the day, Naval Special Warfare Director of Mentorship, SEAL Command Master Chief (Ret.) Lu Lastra. Master Chief Lu immediately showed his own resiliency by recovering quickly from a brief microphone glitch (I suspect Lu does not need a

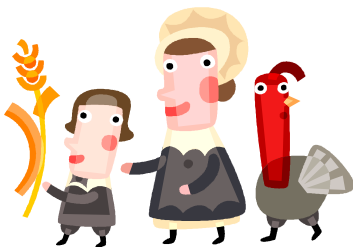
microphone when talking to his SEALs in training).

Lu is the youngest SEAL to be selected for the very elite SEAL Team 6, and coaches and mentors SEALs in training as well as high school, college and Olympic athletes and corporate clients. Lu’s 30 year military career started quite inauspiciously at age 17 and 130 pounds, when he read a brochure that had pictures of guys in shorts blowing things up on the beach. Given his small size, a recruiter questioned his ability to be able to get into the elite SEAL program. Lu embraced this challenge and the rest is history.

SEALs are looking for a very special type of man to serve in their ranks. Trust and performance are two key attributes in SEALs, with the emphasis on trust. The SEAL ethos consists of six essential factors: physical courage; moral courage/integrity; humility; creativity; team ability and resiliency. The SEAL pyramid begins with “self” at the bottom and Constitution and Country at the top. The SEAL ethos includes loyalty to country, team and teammates; service with intensity on and off the battlefield; being ready to lead, ready to follow and never quitting; taking responsibility for your actions and the actions of your teammates; excelling as warriors through discipline and innovation; and to train for war, fight to win, and defeat our Nation’s enemies. A successful SEAL is expected to act without hesitation and to proudly represent his teammates in combat on the battlefield, in a business suit at an embassy, and at home with his family. Lu stressed that this “whole person” concept translates equally well in the corporate, business and family environments - very wise words from a very wise warrior. I for one am very glad he’s on our side!

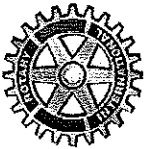


Join fellow Rotarians, family and friends
on November 16, 2013
at 8:30 a.m. for the Rotary Fall Walk
at Mission Bay Park near the Visitors' Center



Walk, Turkey! Walk!

Sign up on the website at www.rotary33.org – Friends & Family welcomed!



SAVE THE DATE:
 DECEMBER 12, 2013
 Rotary Club 33 Polio Plus Auction Luncheon Fundraiser

DONATION DEADLINE: Email/Mail by Nov. 25, 2013
 Bring items by last meeting on November 21, 2013

Name: _____

Company (if applicable): _____

Address: Work Home City/State/Zip: _____

Phone: work (____) _____ home (____) _____ cell (____) _____

Name of auction item: _____

Description: (interesting facts, unusual aspects, rarity, size, color, dates, etc.) _____

Restrictions: (limitations or guidelines for use, such as number of persons, age, expiration, exclusion dates, etc.) _____

Approximate retail value: \$ _____

Accompanying the donation form is a: Item Ticket Certificate Letter Other _____

Would you like the Auction Committee to create a certificate: No Yes (if yes, please call to discuss details) Diana 619-808-8808 text/cell

I would like to donate a monetary donation of: _____

Donated item will be delivered to Rotary Luncheon Diana's Office Date of Delivery: _____

Donated item needs to be picked up. Location: _____ Date Available: _____

Rotary's Club 33 Polio Plus Auction Luncheon Fundraiser (You MUST make an appointment for delivery of items)
 c/o Diana MarJip-Chuh, Nine Dragons Inc. 1034 14th Street, San Diego, CA 92101 619.808.8808 text/cell dmjchuh@gmail.com

We appreciate your support of Rotary Club 33 — Donations, silent and live auction proceeds will benefit our commitment to the eradication of the viral menace that jeopardizes the health of poor children that are unlucky enough to be born in the slums of India, Afghanistan, Pakistan and Nigeria.