

Our District Governor Asks, "Why?"



Richard Ledford
Editor

It was a very busy Rotary meeting! It was an early start with our perennial program showcasing the many activities our club committees have undertaken. There was a huge turnout this year. The breath and scope of our Club's reach into the community, both locally and internationally, is impressive!

After much socializing (and a lot of recruiting!), **Prez Bob** opened the meeting with his now trademark "tie" celebrating whatever is on tap for that day/week. Apparently, someone out there decided it was National Peach Pie Day, and hence the Prez had on a tie that only a dog could love. Fortunately, we were saved with a terrific Inspirational Moment from **Dan Amaro**. Pulling a quote from Teddy Roosevelt, "Do what you can with what you have and what you are." Translation: Just do it (sorry, Nike). **Dom "Song-Ma" Addario** lead us in the Pledge and *America the Beautiful* accompanied by **Larry "Long-Fingers" Showley**. **Mark Burgess** delivered the news care of **Divya Kakaiya** and Healthy Within Wellness & Integrative Center. But given the moans from his humor, he should stick to the news.

Prez Bob then rolled into a whole lot of thank-yous (a successful Women in Rotary event), welcomes (past District Governors **George Carter Jessop** and **Bill McDade**, and DG Elect Mel Gallegos), relationships (Southeast SD Rotary Club), and sponsorships with our Prez committing contributions to the Lincoln High Interact Club--\$5 for each point the Lincoln High football team scores this year!

Larry Hoeksema took it from there and introduced four wonderful students from Lincoln High who participated in the Rotary Summer Youth Exchange Program. They were four very articulate, inspired, and appreciative students!

Next up was our now familiar presidential History Moment. The year was 1924 and our Prez was Albert Scott. Our 14th Prez presided over significant growth that year with our club sponsoring new clubs in Escondido and La Mesa.

After a walk thru the past, Food-King **Mike Morton, Jr.** made a pitch for a joint project with Southeast SD Rotary. Mike requested we bring the small sample bottles of shampoo and soap we might have picked up in our travels. These are to be included in care packages and distributed to the homeless.

Marten Barry presented the Club's Golf trophy to 2016-17 champ **Tom Wilson**. Marten seemed subdued until he announced that **Rich Donnelly** was taking over as chair of the Golf Committee. Marten seemed a new man, and Rich made the "pitch" for participation.

Prez Bob presented Paul Harris Fellow pins to **Bill Herrin** and **Christy White** (their second), **John Hawkins** (his seventh), and **Norbert Sanders** (his ninth). John's cell phone lite off during the presentation...big mistake. Our Prez jumped on that one and now John "bought" his eighth PHF pin with a \$1000 fine!

Past Prez John Morrell (I thought we were rid of him) gave us a report on the Club's Foundation. The Foundation our most important vehicle for community benefit. As the Foundation grows, so does our Club's ability to bring meaningful, positive change to our community. ([click here to view a copy of the 2016-17 Foundation report.](#))

Finally, our "most humble chair of the day", and yes, that would be our self-anointed, humble Prez Bob, introduced Scott Carr, our District Governor. I have to say, having reported on a number of DG speeches over the year, I was worried about content for this week's Rotator. I needn't have worried. DG Scott was both entertaining and inspirational. His messages were many, but held a common theme: Rotary needs to be adapting and changing if we're to continue to be a positive influence. The DG hit on the need for our membership to more accurately reflect our community, with a focus on gender and racial balance. He stressed the need to focus on the "why" of Rotary instead of the "what". And he closed his remarks with a beautiful and truthful statement: Rotary brings light to places that are dark. Well said, Mr. District Governor!

Next Meeting

August 31, 2017

Stem Cells and Their Regenerative Powers

Medical advancement in this area continues to proceed at a rapid pace. We are seeing shorter and shorter recovery times for various ailments, as well as other significant, long-term health benefits.

Hear from fellow Rotarian Mike Conner, about his experiences in receiving stem cell partial replacement therapy for his knee as well as from a panel of experts on the subject. Doctors recommend coming to this program, so we look forward to seeing you there!

Panelists:

Peter B. Hanson, M.D., Chief of Orthopedic Surgery, Grossmont Hospital

Darryl D'Lima MD, PhD, Director of Orthopedic Research, Shiley Center for Orthopedic Research and Education

Robert J. Harman, D.V.M., M.P.V.M., Founder, Chief Executive Officer, VetStem BioPharma



Chair of the Day
Mike Conner

QUICK BITS

Rotary Committee Activity Tracking

Committee Chairs,

Don't forget to log in your hours! The link to the Google doc can be found here... https://docs.google.com/spreadsheets/d/1Cj00_Iga2mr8rhoEx6fQfBsuGrxmdKIYeN0k7hCRqkM/edit?usp=sharing

You will find the committees organized by Avenue of Service (look along the bottom of the form for the Avenue of Service worksheets). For your committee, please input the total number of volunteer hours for any given month. Include all related hours for all of your committee members, be they in preparing for projects, in committee meetings or carrying out the duties of the committee. If you had 10 committee members in an hour-long meeting, that would total 10 hours. An estimate is fine as the goal is simply to have a relatively accurate estimate of the hours.

Thank you for your support of Rotary, and please contact the Rotary office if you have any questions.

BIRTHDAYS

August

Craig Barrett	28
John Hill	29
Tom Wilson	29
Doug Meyers	30
Ameer Nasser	30
Tom Vecchione	31
Mark Nelson	31

September

James Buley	1
Bonnie Schwartz	1
Stan Hartman, Jr.	2
Dick Green	2
Siyamak Khorrami	2
Jeff Hill	3

RISE AGAINST HUNGER



Second Annual Rise Against Hunger Event with the San Diego Padres (ONLY 20 SPOTS LEFT)

September 16, 9:00 am - 11:00 am

After a very successful, sold out, first time event last year, we are once again joining with the Padres Volunteer Team with the goal to pack 60,000 meals (twice as many as last year, which means room for more volunteers) in two hours on Saturday, September 16 at Petco Park. The meals will be distributed by "Rise Against Hunger," an international hunger relief organization that distributes food and life-changing aid to the world's most vulnerable, mobilizing the necessary resources to end hunger by 2030.

Registration (required!) is open to members and their families only (ages four and up.) Space is limited to the first 150 people who register.

Rotaracts, Interacts and non-Club members, **DO NOT** register online. Please contact Mary@rotary33.org if you are interested in participating.

More details will be sent to registrants as we get closer to the date. We look forward to another successful event this year and having some fun with the Padres volunteers!

[Click here](#) to be directed to our website for registration.

MEMBERSHIP

The following applicants were recommended to the Board of Directors by the Membership Committee and will be approved for membership unless objections are received at the Rotary office by Sept. 6:

- Rob Canton - Boy Scouts - "Youth Organization-Boy Scouts"
- Stuart Cook - Senstay - "Real Estate-Investment"
- Caitlin Hawkins - Morgan Stanley - "Investment-Wealth Management, Additional Active"

CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

August

31 *Stem Cells and Their Regenerative Powers*

September

7 *Sally Roush, Interim President, SDSU*

14 *Mr./Mrs./Ms. San Diego*

GROTARIAN EVENTS

Tour of General Atomics
August 29 5:30pm-7:30pm
Cost: \$20 per person
3550 General Atomics Court
San Diego, 92121

SOLD OUT—Registration is closed

Annual Poolside Chat
September 19 5:30pm– 7:30pm
Cost: Free
This event is for Grotarians only. Please no guests.

Red Badgers, please come and learn more about Club 33 and our committees as we enjoy Past President John Morrell's delicious pozole by the pool.

[Click here for more details and to register.](#)

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

Bob Russell, President ♦ Paul Devermann, Executive Director

San Diego Rotary ♦ 2247 San Diego Avenue, Ste. 233, San Diego, CA 92110-2943

Phone: 619/299-3309 Fax: 619/299-3340 ♦ e-mail: paul@rotary33.org ♦ website: <http://www.sandiegorotary.club>

SMALL CLUB JOINT VENTURE COMMITTEE



Donations needed—

The Small Club Joint Venture Committee is asking for donations of small, travel size toiletries for a collection drive that they are assisting the Southeast San Diego Club with. The toiletries will be packaged and delivered to the homeless. Those mini hotel shampoos and soaps accumulated through your travels would make a perfect donation! We will be collecting these at our Thursday meetings over the next two weeks.

Thank you in advance for bringing what you can and for supporting our neighbors at the Southeast club!

RI FOUNDATION/MICROCREDIT COMMITTEE



Donations Needed for Hospital Equipment for Northern Uganda

Our Rotary International Foundation and Microcredit Committee needs a few dollars more to meet our goal to provide \$300,000 to equip a new hospital in Atiak, Uganda. The Teresa Ayiko Memorial Hospital is named for late mother of our own Club 33 member Walter Lam. This is an area of northern Uganda that is recovering from 20 years of war, even as it struggles to absorb up to a million refugees from South Sudan. We need only \$38,500 by September 1, 2017, to reach our goal. For a complete description of the project, go to <http://www.matchinggrants.org/global/project1358.html>. Donations should be made to the San Diego Rotary Club Foundation, designated to be used for this project.

CAMP ENTERPRISE 2018

2018 CAMP RALLY
WEDNESDAY, OCTOBER 11 5:30-7:30PM

Did you sign up for the Camp Enterprise committee? Do you have interest in learning what our club's largest community program is all about? Or do you simply want another opportunity to meet your fellow Rotarians in a casual setting? Then by all means, please plan to come to our RCE 2018 Camp Rally! We will have a short presentation and introduction of Rotary Camp Enterprise along with appetizers and refreshments. Fellow Rotarian David Kvendru has graciously offered his place of business, Greater San Diego Association of REALTORS in Kearny Mesa, for the event. There will be plenty of parking available. We hope to see you!



Location address: 4845 Ronson Ct. SD 92111

[Click here to RSVP](#)

FACES IN OUR CROWD

Annual Committee Showcase



Rotaracts in the house! (Left) San Diego Rotaracts; (center) SDSU Rotaracts; (right) City Heights Rotaracts.



(Left) Hoover High Interact; (center) High Tech High Interact; (right) Cesar Chavez Elementary Readers.



(Left) Girls Scouts; (center) Youth Exchange; (right) Camp Enterprise.



(Left) Mercy Outreach Surgical Team; (center) RI Foundation/Microcredit; (right) Military Affairs.

FACES IN OUR CROWD

Annual Committee Showcase



(Left) Senior Services; (center) Don't Wait; Vaccinate!; (right) Auction Committee.



(Left) Grotarian Committee; (center) Our Lady of Peace Interact; (right) Carouse & Commerce.



(Left) Larry Hoeksema with our summer youth exchange students from Lincoln High; (center) Tom Wilson with his most recent golf trophy; (right) congrats to our most recent Paul Harris Fellow recipients.



Thank you to District Governor Scott Carr for visiting with our committees and for having some fun, too.