

A Fighting Chance



Jen Weissman
Editor

President Suzy called the meeting to order and welcomed **Laura Buckley** to the dais for the Inspirational Moment. Laura gave a personal and heartfelt opening remark regarding her own personal journey of motherhood, tying in today's topic seamlessly.

Dom Addario led us in the Pledge and the singing *America the Beautiful* accompanied by **Katie Fulhorst** on piano.

Next up was **Mark Burgess** with the News and a joke, which actually garnered laughter and applause from the crowd. Thank you to this week's news sponsor **Mel Katz** and Manpower.

We were taken on a delightful Art & Music Moment by President Suzy, featuring **Megan Pogue** and Kristina Rosenberg from the Timken Museum in Balboa Park, the park's only free museum. They walked us through Italian Renaissance painter, Paolo Veronese's "Madonna and Child with Saint Elizabeth, the Infant Saint John the Baptist, and Saint Catherine". (Quite the long title!) [View the artwork here.](#)

Bruce Hunt presented this year's Tennis Trophy. Congratulations once again goes to **Vern Aguirre** on his 11th time being the recipient of this award.

Karlie Lopardo announced the September 6th Prospective Member Reception. You and your prospective member are invited to a pre-lunch meeting reception at the Liberty Station Conference Center for an opportunity to introduce your member prospect to some of our club Rotarians and Board Members and to learn more about us and Rotary.

We then heard from **Tom Cohen**, whom announced he just closed a big commercial deal with the Newberns and the Tom Hom Group, so Suzy fined him \$350. (Tom also gives a percentage back to a good cause for each transaction he completes. Thank you, Tom!)

Prez Suzy introduced Chair of the Day **Jean**

Young, Interior Design Extraordinaire for over 35 years. Jean has traveled to clients as far as Taiwan and throughout the US. We learned that Jean's most rewarding projects were the 500,000 sq. ft. US Navy building in Camp Pendleton and the Sharp Mary Birch Hospital here in San Diego.

We also learned that President Suzy is involved with Sharp Mary Birch, in that Suzy's Zoo artwork is featured in a gallery in the corridors of the NICU. The gallery was designed as part of the hospital's Healing Arts concept, providing a positive impact to families going through tough times. Thank you, Suzy!

Our guest speaker today, Dr. Anup Katheria, Director of the Neonatal Research Institute at Sharp, presented an overview of the research and care that is saving children's lives. The Neonatal Research Institute, launched in August 2013, is the first of its kind with its mission providing cutting-edge medicine with the best start-of-life care for the tiniest of babies.

Sharp is the biggest delivery hospital in California, 6th in the country with 9,000 babies born annually. They have 85 beds in their NICU, which is the largest in the region.

We learned that neonatal research is a relatively young field, and it wasn't until the JFK era that funds were given to newborn medicine. Back then, there was a 90% mortality rate, whereas now we have a 90% survival rate.

The Neonatal Research Institute is shifting the research paradigm by conducting research in a community hospital with high patient volume, whereas typically research programs are conducted in university hospitals with limited patients.

We learned that the moments right after the baby is born is called the "golden hour" and Dr. Katheria is focused on this particular time, as the most can be done to positively affect the newborn's health.

Continued on page 2

Next Meeting

August 23, 2018

**District Governor
Mel Gallegos
And
Our Annual Committee
Showcase**

A perennial program, this is your chance to learn about how our club spends more than 100,000 volunteer hours annually in the service of others and making a difference in the lives of so many. Our international, youth, community and vocational committees will be showcasing their projects.

Arrive early to have the opportunity to visit the committee tables and displays to see what they are all about and how your generous donations to our Foundation is being spent. And if you haven't already done so, be sure to sign up to serve on a committee!

The Showcase begins at 11:15 and our regular program will begin at 12:30 with guest speaker District Governor Mel Gallegos.



**President Suzy Spafford
Chair of the Day**

QUICK BITS

DEAR VETERANS OF SAN DIEGO ROTARY,

The Military Affairs Committee would like to compile a list of Club members that are Veterans for future outreach. Please click this link and take a very brief survey.

<https://www.surveymonkey.com/r/ClubVeteranSurvey>

Thank you for your past service, support and participation.

CLUB 33 DOUBLES TENNIS



Tuesday, August 28
5:30 - 7:00 pm
Barnes Tennis Center
Cost: \$15 per person

All levels of play are welcome!
[Click here to register](#). Please contact [Bruce Hunt](#) if you have any questions.

BIRTHDAYS

August

Rodger Dougherty	20
Penny Robbins	20
Ellen Casey	20
Charlie Van Vechten	21
Ben Clay	22
Pete Wilson	23
George Kaplan	24
Pat Caughey	24
Luisa McCarthy	25

A Fighting Chance *Continued from page 1*

Neuro-monitoring at birth is one particular study he has found to be very telling, rather than just focusing on the heart rate at birth. They are trying things such as “cord milking” which involves milking the umbilical cord, so the babies receive more cord blood. They have found that these infants have had a much better neurological outcome than just keeping the babies connected. Dr. Katheria also said they are exploring giving caffeine to babies within the first hour of their birth for better brain oxygenation.

To date, the Institute has received four National Institute of Health grants and over \$10 million in research funding. Over 1500 newborns have been enrolled in 30 trials, all impacting the practice and care of the newborn. This provides real life, real-time outcomes with proven therapies designed to help babies.

MEMBERSHIP

Give the Gift of Rotary

Prospective Member Reception

September 6

11:15—noon

[Click here for details and to register](#)

Are you ready to bring in a new member? The club has designed a **NEW ONLINE SPONSOR QUESTIONNAIRE** form which is easier to fill out and to submit. The link to the form can be found on our website under New Member Application Forms here <https://www.sandiegorotary.club/about-us/member-information/>.

CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

August

23 Annual Committee Showcase
/District Governor Mel Gallegos

30 Dan Shea and Peter Seidler—San Diego's Homeless Crisis

September

6 Patti Roscoe and Scott McGaugh—USS Midway Museum

GROTARIAN EVENTS

Elephant Odyssey Bridge Deck at the San Diego Zoo

Date: Tuesday, September 18

Time: 5:00 pm—7:00 pm

Cost: \$30 per person

Join the Grotarians for a roaring good time at the San Diego Zoo! We will walk across the new Canopy Bridge to a private lounge area. It is a 450 foot bridge that connects the two sides of the zoo. When you look down from the bridge, you will have a great view of the pandas. The fun continues at the private lounge area, where we will have a presentation and animal encounter while enjoying beverages and appetizers.

Space is limited therefore each member is limited to one guest.

[Click here](#) for more information and to register.

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

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FACES IN OUR CROWD



(Left & center) Musical talents Katie Fulhorst and Dom Addario let us in our patriotic opening; (right) **Megan Pogue** and Kristina Rosenberg from the Timken Museum reviewed a Paolo Veronese oil painting during President Suzy's Art & Music Moment.



Laura Buckley shared her own personal experience with the NICU when her daughter was born prematurely. Today, Grace is a happy and healthy 9-year old!



(Left) Tom Cohen was fined for sharing about his successful business transaction with fellow member **Will Newbern**; (right) Congrats to Vern Aguirre for being our 2017-18 tennis champ!



(Left) For those that may not know...Chair of the Day Jean Young reminded us that there is a "Suzy's Zoo Gallery" at the Sharp Mary Birch Hospital, where President Suzy's artwork provides a calming and positive distraction to patients and families who are in the NICU; (right) President Suzy and guest speaker Dr. Anup Katheria, who has been the lead on new research for helping premature babies at SHARP.



MILITARY AFFAIRS COMMITTEE

Saturday, August 18—Thank you to members of our Military Affairs Committee for assisting with Operation Homefront this weekend, ushering over 1000 military children to pick up backpacks and then helping to fill them with school supplies. The Club also made a \$1000 donation to the organization. It was well run and a pleasure to be there! Be sure to join them next year!



(Left) MAC members **Glenn Rossman, Kathleen Carroll, Divya Kakaiya, Barbara Noerenberg** and **Bonnie Schwartz**; (right) Bonnie presents a donation from Club 33 to Operation Homefront.

