

The Need For Speed



Camille Newbern
Editor

I have driven over 200 mph exactly once. It was in a race car. With a professional driver. On a closed track. And it was awesome. But never once did I think to myself, “you know what would be cool? To do this on a bicycle.” Which is probably why I was not asked to give Thursday’s program. But more on that in a minute.

Another thing I have never thought would be fun- doing as many pushups as I can in two minutes in front of my fellow Rotarians. So it’s a good thing I’m not POATES (aka President **David Oates**), **Nick Bernal** or **Emily Rex**. (Also because my two pushups in two minutes would have impressed no one and depressed many.) Consider it service above self that I was excluded from the contest. The three aforementioned jocks went head to head in a Pushups for Polio Plus contest in honor of World Polio Day. Nick walked away victorious with 76 pushups and Club 33 raised over \$1,000 for Polio Plus. In 120 seconds. No sweat.

The meeting was kicked off with the always inspiring **Dr. Frank Pavel**. One of my favorite storytellers, Frank spoke of relationships and connections. True worth is how much more you give in value than what you take in payment. Your influence determined by how often you place other values first. And the most valuable commodity you can give to other is yourself. (P.S. A very happy birthday to **Dr. Frank Pavel Sr.**- 95 years young!)

Thank you, **Mike Conner**, for both delivering and sponsoring Thursday’s news.

Don’t forget that next Thursday, October 31, is Bring Your Wine to Rotary Day. (For auctioning, not for drinking, you wild things!) Each bottle must be a minimum of 90 points and \$25 in value. (Sounds like I’ll be raiding my dad’s wine cellar.)

Club 33 grew by two this week. Make sure to say hello to our newest members, **Annie Rodriguez** and **Revel Stark** (coolest name ever, btw). As the executive director of Generate Hope, Annie’s first love is serving others. Her second love is her

husband of 24 years (her words, not mine!). Revel has been living by the four-way test since high school, when his paper on the tenets was selects to be read for local Rotarians. Fast forward a few years, Revel is still following the rules at Innovative Capitol Corporation.

Thursday’s Chair of the Day was Goodwill’s President and CEO **Toni Giffin**. In the spirit of Goodwill, all of Toni’s gifts to the Rotarian visiting from the furthest distance (who was double cast as our speaker!) were regifted.

Not only is she a Rotarian, Denise Mueller-Korenek is a superstar in the athletic arena. Denise holds the land speed record of 183.9 mph on a paced bicycle (achieved on September 16, 2018). No, that is not a typo; I copied and pasted it from her bio. Even more incredibly, at 19 years of age, Denise hung up her cycling shoes to raise three boys. It was 20 years later that she dusted off her helmet and started breaking records.

Denise was joined by her coach, John Howard. No shortage in accolades himself, John actually broke the land speed record of 152.2 mph in 1985, later leading Denise to victory some 33 years later. The best part is they met when Denise was just 14. John caught Denise drafting off his car for 8 miles, called her dad and said this girl’s gotta race. And if that isn’t full circle enough for you, Denise’s first race (which she won) was at the former Naval Training Center (now known as Liberty Station and the beloved home of Club 33!). Talk about a small world.

To give you an idea of what’s it like to go 183.9 mph, Denise told us this- on a football field, it is going end zone to end zone in one second. Which, at Bonneville Flats, she did sequentially. 19 times. Whoa.

Denise said she wouldn’t have been able to achieve all that she has without the assistance and inspiration of others. Spoken like a true Rotarian. And no, if and when someone does break her record, she will not try to do it again.

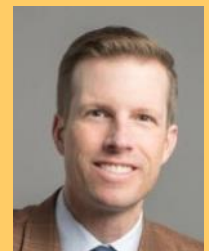
Continued on page 2

Next Meeting

**Next Meeting:
October 31**

**State of the
Spirits Market**

Guest speakers Geoff Longenecker, Founder of Seven Caves Distillery and current President of the San Diego Distillers Guild and Bill Rogers, owner of Liberty Call Distilling Co., will tell us how they got into the spirits business and provide an overview of San Diego’s distilling history. They will also talk about the challenges and opportunities for local distillers. With the San Diego Distiller’s Guild Festival coming up on November 16, Geoff and Bill will share some tips for newcomers to craft spirits and what the best way to enjoy the festival.



**Chair of the Day
Trevor Blair**

QUICK BITS



OCT. 31-BRING YOUR WINE TO ROTARY DAY!

Calling all Rotarians! If you committed to donating a bottle of wine or your favorite adult beverage to this year's Auction...or have just been thinking about it...now's the time to act!!

On **Thursday, October 31**, the Auction Committee is hosting "Bring Your Wine to Rotary Day." All Rotarians who bring in their donation of wine to this meeting will be entered into a special drawing.

All we ask is that the donation be a wine over \$25, or over 90 points. We will also accept other alcohols for those of you who prefer a different type of adult beverage! Thank you.

BIRTHDAYS

October

Bink Cook	28
Jim Hughes	28
Garry Ridge	29
Stephanie Bozzuto	29
Matt Hom	30
Natasha Josefowitz	31

November

Dick Baxter	1
Carl Hilliard, Jr.	1
Nikki Clay	1
Allyson Tutor	2
Tom Mosher	2
Sidd Vivek	2
Sandy Purdon	3

The Need For Speed Continued from page 1

Once was enough. Or, as John so aptly put it, "it is extremely dangerous and we will never do it again." There are two men attempting to beat it now. She did point out though that if and when they do break her record, she still holds the top speed for women!

My personal favorite part of the program was when someone asked how she stops the bike. No glamour here- the bike makes "violent contact" (they're words, not mine!!) with the back of the car and the car slowly brings your speed down. I mean...don't sign me up!

Because life is all about balance, POATES strives to have our programs follow that model. Or, as he put it, "today was about fitness and polio, next week we're gonna do drinking." Join us this Thursday for a State of the Spirits Market program.

Club 33 lost another beloved member. **Bob Kyle**, the vehicle behind the Cades Scholarship Fund, passed away recently. Details on his services to follow.



In Memoriam



Robert C. Kyle
1935-2019

Bob was a Club 33 member for 18 years. Bob's generosity helped us to start our [CADES Scholarship](#) in 2015.

Service information is pending



CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

October

31 The State of the Spirits Market

November

7 Annual Salute to the Military Program

14 Capt. Timothy Barelli, USCG

GROTARIAN EVENT

Stay tuned for details for upcoming events:

Dec 3 - Christmas at the Timken

Jan 21 - Fireside Chat

Remember you can always find upcoming event details on our website at www.sandiegorotary.club and on our app.



You can download the free San Diego Rotary app on your phone and tablet from the App Store or Google Play. Just search "San Diego Rotary".

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

David Oates, President ♦ Paul Devermann, Executive Director

San Diego Rotary ♦ 2247 San Diego Avenue, Ste. 233, San Diego, CA 92110-2943

Phone: 619/299-3309 Fax: 619/299-3340 ♦ e-mail: paul@rotary33.org ♦ website: <http://www.sandiegorotary.club>

AUCTION

A Special Thank You to our auction sponsors:

Manpower (Phil Blair & Mel Katz)

San Diego Foundation (Mark Stuart)

The Los Angeles Chargers (Kimberley Layton)

Additional sponsorships are available.

If you or your company are interested contact auction chair [Kimberley Layton](#).



SAVE THE DATE



Mark your
calendars now for this year's
San Diego Rotary Foundation BID BIG! Auction!
Thursday, December 5th • 11:00 am • Liberty Station Conference Center

Great Auction Items including trips, hotel stays, theatre and sporting tickets, family oriented packages, excellent wine and so much more! And remember, your support for this year's BID BIG! Auction will directly impact those who need us in the community!

For more information or to provide an item to support Rotary's work in the community – Please contact Auction Chair, Kimberley Layton at (858) 232-0650 or Mary Radovan in the Rotary Office at (619) 299-3309.

Sponsored by



MEMBERSHIP

Please welcome our newest members to the club:



Annie Rodriguez—“Social Services-GenerateHope”. Annie is the Executive Director of GenerateHope, a non-profit that serve San Diego’s sex trafficking victims by providing long-term, comprehensive programs.

She has over 25 years of experience working in non-profit organizations and 17 years of experience working in positions of leadership. She received a Master of Social Work in 2005 and a Bachelor of Arts in Sociology in 2001 from San Diego State University. Early in her career she had the opportunity to serve as a therapist for foster youth who have been sexually exploited.

Annie is a native San Diegan who is deeply invested in the community and demonstrates this through her passion for leading quality programs. She lives in Carlsbad with her husband and two sons. She and her family are long time members of Calvary Chapel Carlsbad, where Annie has been serving in the Children’s Ministry for over 15 years.

Duke Sobek, Mona Minton and Wendy McKinney were her sponsors.
Email: annie@generatehope.org



Revel Stark—“Commercial Lending.” Revel is the Director of Business Development for Innovative Capital Corporation. He is a 2004 SDSU graduate.

Revel’s company recently led a fundraising effort for fellow Club 33 member Jabez LeBret’s Sisu Academy (tuition-free boarding high school for girls) and offered a \$5,000 match. They are also rehabbing a residential care facility near SDSU to be utilized as a transitional home by a local-non-profit. And recently, Revel started working with the Tariq Khamisa Foundation.

His father was a Rotarian and Revel wrote a paper in high school discussing the 4-Way Test (and won!) He and his wife, Melissa, have two young children who keep them very busy. It is his desire to give them a visible example of the importance of giving back to the community.

David Oates, Frank Caperino and Doug Taber were his sponsors.
Email: revel@innccap.com

The following applicants were recommended to the Board of Directors by the Membership Committee and will be approved for membership unless objections are received at the Rotary office by November 6:

- Andrea Goicoechea - "Consultant - Life Care Planning"
- Monty McIntyre - ADR Services - "Law-Alternative Dispute Resolution"
- Kevin Leap - San Diego International Auto Show - "Automobile-Trade Show"
 - Katherine Chang - Illumina - "Genomics Sequencing"

SENIOR SERVICES COMMITTEE

San Diego Rotary Club Senior Services Committee **ANNUAL WARM CLOTHES DRIVE** November 14, 2019

Donation Suggestions

(All Sizes)

MOST NEEDED (for both men & ladies)	OTHER SUGGESTIONS
Socks (white crew)	Gloves/mittens
Sweatpants	Beanies
Sweatshirt	Warm Neck Scarves
Plain T-shirts	Jackets/Coats
Plastic slippers (slides)	Bed Slippers
Twin Bed Sheet sets	Twin Blankets/Quilt
Laundry Soap <u>Pods</u> (bags or canisters)	Throw blankets

***Note: Please donate NEW items only
Bring your donations to our meeting at the
Liberty Station Conference Center***

This year's beneficiary organization is St. Paul's PACE (Program of All-Inclusive Care for the Elderly). The items will go to the Supportive Services Housing Program that serves formerly homeless seniors.



HOOVER INTERACT

The Hoover Cardinals Interact Immunization Fair was held on Thursday, Oct. 24. Hoover Interacts have been working with the “Don’t Wait Vaccinate” Committee for the past 10 years to educate the youth at Hoover High School regarding the importance of getting their vaccines. **Dr. Richard Coutts** has been wonderful in supporting their effort. This year, the Cardinals Interact juniors coordinated a door decorating contest with various Hoover teachers to teach their peers about vaccines and then concluded with a fair. They had over 200 students attend the event.



FACES IN OUR CROWD

Photos courtesy of Paul Nestor



(Left) Push Ups for Polio! President David's challenge to raise money for Rotary's End Polio Now campaign; (right) Our brave challengers: Emily Rex, Nick Bernal and President David.



(Left) Guest speaker Denise Mueller-Korenek with good friend Frank Pavel who delivered our Inspirational Moment; (center) fellow guest speaker John Howard with Chair of the Day Toni Giffin and Denise; (left) In Goodwill fashion, Toni "re-gifted" some gifts to Denise, who was our Visiting Rotarian From The Farthest Distance, and then told Denise she could donate them back to Goodwill.



(Left) Members were able to see the actual bike that Denise used to break the world record; (right) Halloween came early; **Nancy Scott** sprinkled Halloween cheer (and cobwebs) onto **Massey Pitts**.