

HONORING THOSE WHO SERVED



Tom Gable
Editor

manners.

To get us started: Inspirational Moment by **Mark Burgess**; National Anthem by the Marine Band, San Diego; **Doug Taber**, Chair of the Day, led a moment of silence for the fallen warriors; **Simona Valanciute** reminded us about the upcoming Warm Clothes Drive, and asked for donations to be brought to the next meeting (find the wish list on page 3); and **Beatriz Valencia** gave us a short slide show on the Hoover Youth Exchange program this past summer, with kids enjoying new cultures in foreign countries throughout the world, from Romania to Italy, from Hungary to Finland and from Czech Republic to Slovakia.

Veterans in the audience were asked to stand and be recognized, with a big Navy contingent, followed by Marines, Army, Coast Guard and Air Force.

Doug introduced Sergeant Major Roland McGinnis, The United States Marine Corps (USMC), head of Wounded Warriors Battalion - West, at Camp Pendleton. The Regiment provides and enables assistance to the wounded, ill and injured Marines, sailors attached to or in support of Marine units, and their family members in order to assist them as they return to duty or transition to civilian life.

McGinnis said some 7,000 military men and women had been killed in the line of duty the past 20 years. Members of the armed forces make sacrifices every day for the freedom of our country. Each member has a continuous commitment to protect our honor, rights and our freedoms, he said.

It was a colorful (dress blues to camouflage) and buttoned-down crowd as Club 33 saluted the military in advance of Veterans Day on Monday, Nov. 11. Members of every branch joined us for lunch, setting good examples with great postures, body fat approaching zero, and perfect

Our armed forces are the most respected in the world. The fundamental qualities, no matter which branch, include courage, pride, integrity and working for causes larger than themselves. The challenges are many, including being separated from their loved ones.

Americans tend to just recognize the veterans on special occasions, such as Veterans Day, he said, although active duty and reserved are representing us 365 days a year. Instead of saying "thank you for your service," he recommended saying "thank you for your sacrifices."

His battalion is providing recovery support for the most critically wounded and injured. In some cases, they are treating injuries that can't be seen from Post-Traumatic Stress Disorder (PTSD). The battalion provides services for 90 days after transitioning out of military service and prepares them for meeting with Veteran's Affairs and other organizations.

Reservist Marines have stepped up as coordinators to help those who might have what McGinnis referred to several times as a "dark day." The battalion held a job fair last month with 150 organizations and 73 marines and sailors left that day with a job offer. They operate Wounded Warrior call centers for all service members and it's available 24-7, he said. The goal is to make those veterans better tomorrow than they were today. "It takes a nation to take care of our veterans," he said.

In answer to a question about what percent of service members leaving the military need support, he was clear: "100 percent."

Transition is important and can be difficult. His wife had 10 years in the Marines, got her undergraduate degree and certificate and still struggled to get a phone call for the next opportunity after becoming a civilian. When she got a master's degree, some told her she was over-qualified. "I never heard of such nonsense," he said.

Next Meeting

**Next Meeting:
November 14**

**USCG Captain
Timothy Barelli**

Capt. Timothy J. Barelli, the new Sector San Diego commander, arrived from Coast Guard headquarters in Washington, D.C., where he served as the deputy director of emerging policy. He was responsible for developing service-wide strategy and advising the commandant and senior leaders on major issues. Of particular note, he crafted the Coast Guard's Strategic Plan for 2018-2022 and the Maritime Commerce Strategic Outlook – the Service's 10-year strategy to promote \$4.6 trillion in annual maritime commerce and protect and modernize the nation's critical maritime infrastructure.

CAPT Barelli will provide a snapshot of operations Coast Guardsmen and women at Sector San Diego conduct locally and around the world. He will talk about the scope of Coast Guard missions and responsibilities and specifically what our engagement is in the San Diego community. In 2019, Sector San Diego has conducted roughly 650 cases ranging from search and rescue, to maritime law enforcement, to vessel safety and pollution response.



**Chair of the Day
Rick Huenefeld**

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QUICK BITS

Honoring Those Who Served *Continued from page 1*

CALENDAR

Join our 2019 Holiday Chorus !



You don't have to be a music star or have any special training. If you love music and even enjoy just singing in your car or the shower, then we would like you to join us!

Rehearsals begin November 18, 5:30pm, at the Girl Scouts Florence Burnham Hall. Then we will have an additional 3 Monday night rehearsals and then a dress rehearsal on December 18. For more information, please contact [Solveig Deuprey](#). We look forward to singing with you this year!



Club 33 Social Hour Thursday, Nov 21 5:30 - 7:30 pm

We're doing something special for this month's happy hour! San Diego Rotary and LEAD San Diego are holding a joint social hour. Many of our members are graduates of LEAD San Diego programs. And for those of us who are new to LEAD, this is a great opportunity to learn more about LEAD's mission to build and connect experienced leaders across San Diego. LEAD is a program of the San Diego Regional Chamber of Commerce and its alumni span every sector of the local economy and community.

We will be meeting at the new **Kairoa Brewing Company in University Heights at 4601 Park Blvd**, which also offers an impressive wine list and food options. Hope to see you there!

He sees young Marines and sailors depart the service every day and he urged everyone to be ready to lend a helping hand. Many making the transition aren't humble enough to ask for help, although he believes everyone needs it in some way.

"We seldom see anything about those who are struggling with invisible injuries," he said. "PTSD is just like any other injury; it's treatable and manageable."

Several Rotarians and President David said Club 33 is here to help. Let us know what needs to be done, and we'll be there.

In honor of all the men and women who served and continue to serve this country, Happy Veterans Day! Thank you for your service and your sacrifice.

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

November

14 Capt. Timothy Barelli, USCG

21 Don Buchheit - Human Trafficking Prevention

28 DARK- Happy Thanksgiving

HOLIDAY EVENT

**Club 33 Holiday Celebration
Tue, Dec 3 @ 5:30pm - 7:30pm**

The Grotarian and Club 33 Social Hour Committees are organizing another special holiday celebration at the Timken Museum and you are all invited!

The Timken will be presenting its very popular "Jewels of the Season" holiday ornament display. And also on view is Masterpieces of Italian Drawings from The British Museum. The exhibition is an ambitious first-time-ever collaborative effort among the Timken, USD and The British Museum in London.

There will be adult beverages and delicious food, and a holiday sweet station. This will be a magical evening full of good cheer and merriment!

Cost: \$40 per person
Registration closes on Nov 27 so sign up now!

[Click here for more event details and to register](#)

BIRTHDAYS

November

| | |
|------------------|----|
| Kobe Bogaert | 11 |
| Malin Burnham | 12 |
| Fred Frye | 12 |
| Keith McKenzie | 13 |
| Linnea Arrington | 14 |
| Sharon Hilliard | 15 |
| Kristen Ford | 15 |
| Andy Fichthorn | 16 |
| Steve Coopsmith | 17 |

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

David Oates, President ♦ Paul Devermann, Executive Director

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SENIOR SERVICES COMMITTEE

San Diego Rotary Club Senior Services Committee **ANNUAL WARM CLOTHES DRIVE** November 14, 2019

Donation Suggestions

(All Sizes)

| MOST NEEDED (for both men & ladies) | OTHER SUGGESTIONS |
|---|----------------------------|
| Socks (white crew) | Gloves/mittens |
| Sweatpants | Beanies |
| Sweatshirt | Warm Neck Scarves |
| Plain T-shirts | Jackets/Coats |
| Plastic slippers (slides) | Bed Slippers |
| Twin Bed Sheet sets | Twin Blankets/Quilt |
| Laundry Soap <u>Pods</u> (bags or canisters) | Throw blankets |

***Note: Please donate NEW items only
Bring your donations to our meeting at the
Liberty Station Conference Center***

This year's beneficiary organization is St. Paul's PACE (Program of All-Inclusive Care for the Elderly). The items will go to the Supportive Services Housing Program that serves formerly homeless seniors.



AUCTION

A Special Thank You to our auction sponsors:

Manpower (Phil Blair & Mel Katz)
San Diego Foundation (Mark Stuart)
The Los Angeles Chargers (Kimberley Layton)
Barry Slatt Mortgage (Tom Cohen)

Additional sponsorships are available.

If you or your company are interested contact auction chair [Kimberley Layton](#).

SAVE THE DATE

Bid Big!
2019
Auction
San Diego Rotary
WE ARE EVERYWHERE

Mark your
calendars now for this year's
San Diego Rotary Foundation BID BIG! Auction!
Thursday, December 5th • 11:00 am • Liberty Station Conference Center

Great Auction Items including trips, hotel stays, theatre and sporting tickets, family oriented packages, excellent wine and so much more! And remember, your support for this year's BID BIG! Auction will directly impact those who need us in the community!

For more information or to provide an item to support Rotary's work in the community – Please contact Auction Chair, Kimberley Layton at (858) 232-0650 or Mary Radovan in the Rotary Office at (619) 299-3309.

Sponsored by



Not to worry if you missed Bring Your Wine to Rotary Day for the auction.

You can still bring your wine to a Thursday meeting or drop it off at the Rotary office by November 22nd.

All we ask is that the donation be a wine over \$25, or over 90 points. We will also accept other alcohols for those of you who prefer a different type of adult beverage! Thank you.

MILITARY AFFAIRS COMMITTEE

Our annual Salute to the Military was attended by 60 members of our Armed Forces, the USMC band and color guard and special guests.

Each member of the Navy, Army, Air Force, Marine Corps and Coast Guard received a hand written thank you note in which there was a Target gift card from MAC and a raffle ticket for a chance to win one of the two gift baskets assembled by MAC members. Additionally, **Phil Blair** provided signed copies of his book "Job Won! for America's Veterans" for each of our 60 guests. (Thank you to Phil, **Mike Caruso**, **Suzanne LaTour**, **Rachel Inmon**, and **Ginny Ollis** for making that possible.)

Generous donations from various Rotarians filled the baskets: the "San Diego Staycation" basket held items for a beach visit and lodging at the Westgate Hotel, courtesy of **Richard Cox**. Additionally it contained tickets to the San Diego Zoo from **Shawn Dixon**, tickets to the Museum of Man from Micah Parzen, tickets to the San Diego Air and Space Museum from **Jim Kidrick**, and dinner gift cards from the Mortons of the Brigantine Family of Restaurants.

The "Flyaway" basket held a large selection of comfort items for travel and a terrific travel bag from **Andrea Da Rosa** of Balboa Travel. Additionally, the basket held gift cards for sizeable trips on Southwest Airlines from MAC.

Rotarians /service veterans **GT Frost**, **Sandy Purdon**, **Evan Wahl**, **Jo Dee Jacob**, **Jim Fitzpatrick** and **Ben Clay** served as table hosts for each branch of the Armed Services represented at the Salute.

Bonnie Schwartz, **Katie Fulhorst**, **Penny Robbins**, **Lynn Congemi**, **Kathleen Carroll**, and **Peggy Eddy** wrote out thank you cards for each guest and obtained the wonderful donations from kind Rotarians that filled the gift baskets.

This program reminded us that we are the Home of the Free because of the Brave! Thank you to our Military Affairs Committee for making this such a special day for our guests.



CONGRATS TO OUR LUCKY WINNERS!



ANNUAL SALUTE TO MILITARY

Photos courtesy of Paul Nestor

