



If you missed our March 30th program, *Grant Oliphant from Conrad Prebys Foundation*, you may click on the picture below to view a video of it.

THE  
CONRAD PREBYS  
FOUNDATION

Place of Wonder:  
Philanthropy and  
the Future of San  
Diego

for Downtown Rotary Club  
Keynote by Grant Oliphant



How did you like this week's program? Take the survey by clicking [HERE](#).

A special *thank you* to this week's Rotary News sponsor, Mark Burgess. Email your Roast jokes to: [mark@pagemountain.com](mailto:mark@pagemountain.com)

Next Meeting: April 6th  
Drew Hubbell: Architect, Principal of Hubbell & Hubbell



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at 12:30pm. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

# NAMI WALK

District 5340 will have a walking team at NAMIwalk on Saturday, April 29th, 2023. NAMI is the National Alliance on Mental Illness. Rotary will also be helping NAMI with volunteers. The event starts at 7:00 a.m., the walk is from 8:00 am to 9:00 a.m., and then the Wellness Expo is open until 11:00 a.m. All proceeds will be used in San Diego and Imperial Counties. Click "*Read More*" to see how you can help or participate.

[Read More](#)

## 2023 RYLA

We are thrilled to announce that RYLA (Rotary Youth Leadership Awards) is returning this year and we are proud to sponsor 11 Hoover High students to attend this exceptional program. This year's camp will take place from April 14-16 at the scenic location of Idyllwild, California. RYLA is a leadership development program for high school students who demonstrate exceptional leadership potential. Students will engage in a variety of challenging and engaging activities that promote teamwork, communication, problem-solving, and leadership skills. The district is still looking for Facilitators and if you are interested, please reach out to the committee chair, Justin Rajah or click on the following links:

About Facilitating: <https://www.ryla5340.org/family>

Facilitator Application: <https://www.ryla5340.org/facilitator-application>

## SAVE THE DATES

### New Member Candidate Reception

Thursday, May 4th, 2023 11:00 a.m.

[Register Here!](#)

### Committee Show Case

Thursday, May 11th, 2023 11:00 a.m.

[Email Becky](#) to reserve a table for your committee!

Click [HERE](#) to read this month's Rotary Magazine.



## APRIL 3-9 BIRTHDAYS

April 3: Joe Watkins

April 4: Hugo Douge, Gary Nelson

April 5: Rob Fletcher, Jr.

April 9: Kurt Volker

# 2023 ROTARIANS AT WORK DAY

**JOIN US FOR ROTARIANS AT WORK DAY ON SATURDAY, APRIL 29th**

**Pleas note: The Hoover High School and the Ethnic Food Festival events are on different days this year!**

Rotarians At Work (RAW) Day happens the last Saturday in April, having started in 2006 as a joint effort between two Rotary Districts (one in the United States and one in Mexico), Rotarians at Work Day continues to grow. Each year, Clubs around the world identify hands-on projects that all members can participate in to help their local community on this single day.

This is a great day to bring your kids, grandkids and prospective Rotary members to see our club in action. This year's available projects are listed below. Remember to wear your San Diego Rotary t-shirt. If you do not have one, the RAW committee will be handing them out at our Thursday meetings.

[Click here for more detailed information on each project and to register.](#)

## **San Diego Humane Society**

Time: 9:30 am – 12:00 p.m.  
# of volunteers needed: 12

## **San Diego Zoo**

Time: 9:00 am – 12:00 pm  
# of volunteers needed: 50

## **Fort Rosecrans National Cemetery**

Time: 8:00 am – 12:00 pm  
# of volunteers needed: 20

## **Storefront Youth Shelter**

Time: 9:00 am – 12:00 pm  
# of volunteers needed: 10-15

## **Jackie Robinson YMCA**

Time: 9:00 am – 12:00 pm  
# of volunteers needed: TBD

## **Epilepsy Foundation of SD County**

Time: 9:00 am – 12:00 pm  
# of volunteers needed: 14

## **Girl Scouts San Diego**

Time: 9:00—12:00 p.m.  
# of volunteers needed: 15-20

## **NAMI Walk**

Time varies based on intended event  
# of volunteers needed: Unlimited,

## **Hoover High School Saturday, April 22**

Time: 8:30 a.m.—12:00 p.m.  
# of volunteers needed: 20

## **Ethnic Food Festival in Balboa Park Sunday, May 7th**

Time: 9:15 a.m.—1:30 p.m.  
#of volunteers needed: Unlimited



Dear fellow Rotarians,

President Judy chose Adolescent Mental and Behavioral Health as her initiative for her presidential year. And from attending programs you know she has been pledging to make a contribution in each guest speaker's name to that initiative. Thus, at the end of her year, she will be donating \$5000 to her chosen organization, [Mending Matters](#), in all of their names. President Judy would like to invite you to donate to Mending Matters as well, and she has further pledged to match dollar-for-dollar (no matter the amount) any and all of our club's donations earmarked to that organization.

Here's how to make that gift to Mending Matters through our Rotary Club of San Diego Foundation:

To make a gift by check, please make check payable "The Rotary Club of San Diego Foundation" and include "Mending Matters" in the memo, and mail it to the following address:

San Diego Rotary Club  
2247 San Diego Avenue, Suite 233  
San Diego, CA 92110

To make a [gift online](#), please visit our website and use the yellow donate button. If possible, please notify [Jordan](#) at the office if you choose this donation method.

To make a gift by phone, please call the Rotary office and provide your credit card information.

Another way to be involved in President Judy's initiative is to attend the upcoming

### Mending Matters Workshop

This a free workshop for Rotarians titled "What I Wish My Parents and Grandparents Knew." Mental health therapists will share info and tips about the needs of high school students today, including data from their school-wide mental health surveys, and feedback from their student advisors in 20 local high schools. They will focus on areas of life students have shared they need support with; areas such as stress and anxiety management, motivation and energy, as well as adjusting to change, and, they will field our questions on how to support the youth in our lives.

This workshop is May 20th from 9:30 a.m.—12:30 p.m.  
Goodwill Classroom  
3663 Rosecrans St.  
San Diego, CA 92110

\*Please notify [Becky](#) or [Jordan](#) if you'd like to attend.

[Click Here](#) to watch the *Mending Matters Rotary program.*



# UPCOMING PROGRAMS

April 13th

Marco Werman: Radio Host of KPBS's "The World"



April 20th

Joe Torrillo: NYC Fireman During the 9/11 Terrorist Attack



April 27th

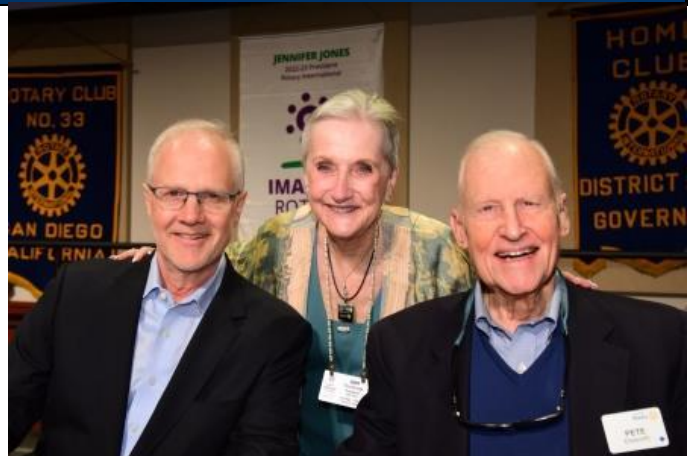
FBI Special Agent in Charge MOY





# Faces in the Crowd

*Photos courtesy of Paul Nestor*



(Lt.) **Peg Eddy** with **Grant Oliphant**, **Betty Peabody** and a guest. (Rt.) Guest Speaker **Grant Oliphant** with **President Judy** and Chair of the Day **Peter Ellsworth**.



(Lt.) **Grant Oliphant** with **Joyce Gattas** and **Phil Blair**. (Rt.) **Julia Holladay** with a guest.



(Lt.) **Grant Oliphant** poses with **Amy Myers**, **Whitney Skala**, **Laurie Coskey** **Chris Sichel** and guests. (Rt.) The **MacGlaggan/Frye Committee** poses with **Dr. Gail Kight**, the recipient of this year's award.