



If you missed our April 20th program, *Joe Torrillo: Firefighter at the World Trade Center on 9/11*, you may click on the picture below to view a video of it.



How did you like this week's program? Take the survey by clicking [HERE](#).

A special *thank you* to this week's Rotary News sponsor, Toni Giffin.

Next Meeting: April 27th

FBI SAC Moy



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at **12:30pm**. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

WELCOME NEW MEMBER



Kim Benson is a partner and financial advisor for Creative Capital Management. [Click here](#) to learn more about her, or you can watch her self-introduction in our April 20th meeting video on page 1.

PROSPECTIVE MEMBERS

The following applicants were recommended to the Board of Directors by the Membership Committee and will be approved for membership unless objections are received at the Rotary office by **April 28th**.

*Gbanju Aruwayo Obe– Comfort Helpers LLC- “Senior Services-AA”

*Erin Jones– USD- “Education-University-Development”

SAVE THE DATES

New Member Candidate Reception

Thursday, May 4th, 2023 11:00 a.m.

[Register Here!](#)

Committee Show Case

Thursday, May 11th, 2023 11:00 a.m.

[Email Becky](#) to reserve a table for your committee!

APRIL 24-30 BIRTHDAYS

April 24: Dom Addario, Suzanne LaTour

April 25: Katie Fulhorst

April 26: Michael McHale, Laura Buckley

April 27: Roy Bell

April 28: Terry Moore, Judy Thompson

April 29: Mark Allan, Tasreen Khamisa, Caitlin Ostomel, Jen Weissman

April 30: Dick Jackson, Budd Rubin, Bob Kelly, Larry Showley, Duke Sobek

2023 ROTARIANS AT WORK DAY

JOIN US FOR ROTARIANS AT WORK DAY ON SATURDAY, APRIL 29th

Please note: The Hoover High School and the Ethnic Food Festival events are on different days this year!

Rotarians At Work (RAW) Day happens the last Saturday in April, having started in 2006 as a joint effort between two Rotary Districts (one in the United States and one in Mexico), Rotarians at Work Day continues to grow. Each year, Clubs around the world identify hands-on projects that all members can participate in to help their local community on this single day.

This is a great day to bring your kids, grandkids and prospective Rotary members to see our club in action. This year's available projects are listed below. Remember to wear your San Diego Rotary t-shirt. If you do not have one, the RAW committee will be handing them out at our Thursday meetings.

[Click here for more detailed information on each project and to register.](#)

San Diego Humane Society

Time: 9:30 am – 12:00 p.m.
of volunteers needed: 12

San Diego Zoo

Time: 9:00 am – 12:00 pm
of volunteers needed: 50

Fort Rosecrans National Cemetery

Time: 8:00 am – 12:00 pm
of volunteers needed: 20

Storefront Youth Shelter

Time: 9:00 am – 12:00 pm
of volunteers needed: 10-15

Jackie Robinson YMCA

Time: 9:00 am – 12:00 pm
of volunteers needed: 10

Epilepsy Foundation of SD County

Time: 9:00 am – 12:00 pm
of volunteers needed: 14

Girl Scouts San Diego

Time: 9:00—12:00 p.m.
of volunteers needed: 15-20

NAMI Walk

Time varies based on intended event
of volunteers needed: Unlimited,

Ethnic Food Festival in Balboa Park Sunday, May 7th

Time: 9:15 a.m.—1:30 p.m.
#of volunteers needed: Unlimited



San Diego
Rotary



Dear San Diego Rotary Club Members,

You are receiving this message as we would like to request each member's electronic transmission of communications from the club to each member.

In the past year, we have learned that there are a number of ambiguities and inconsistencies in the Club's bylaws and records, and we are in the process of amending these. The first step, included in this email, is to confirm each member's consent to receive communications from the club via email ("Electronic Transmission").

Please click [here](#) to see a link to the current bylaws that we are working towards being amended. As soon as all confirmations are received, the proposed Bylaw amendments will be submitted for approval by the voting members.

**[CLICK HERE TO ACCEPT AND PROVIDE ELECTRONIC COMMUNICATIONS
CONSENT](#)**

Please contact Jordan at the office (jordan@rotary33.org) if you have any questions or need additional information.

Sincerely,
The San Diego Rotary Office

GIVE THE GIFT OF FEEDBACK

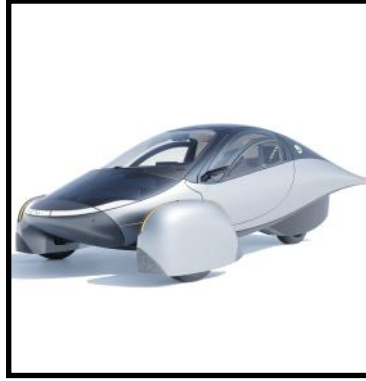
If you haven't taken the survey, please do so
[HERE](#)

MEMBERSHIP COMMITTEE

The Membership Committee would like to invite all Rotarians who bring guests to introduce those guests to fellow Rotarians after checking in to make sure all prospective new members feel welcome and appreciated. They look forward to meeting your future guests!

UPCOMING PROGRAMS

May 4th
Aptera



May 11th

Dr. Vincent Felitti: Principal Investigator of Adverse Childhood Experiences (ACES)



May 18th

Dr. Yourman: Chief Geriatric Officer



Faces in the Crowd

Photos courtesy of Paul Nestor



(Lt.) Wendy Urushima-Conn, Dick Green and Ginny Ollis. (Rt.) Shelly Verhoye, a musical guest, Suzy Spafford and Solveig Deuprey sing for the Club 33 Singers.



(Lt.) Malte Niebelschuetz and Bart Conn. (Rt.) Eli Ohayon gets a poster autographed.



(Lt.) Constance Carroll receives a standing ovation for her newest White House Appointment. (Rt.) Chair of the Day Rachel Inmon with Guest Speaker Joe Torrillo and President Judy.

Dear fellow Rotarians,

President Judy chose Adolescent Mental and Behavioral Health as her initiative for her presidential year. And from attending programs you know she has been pledging to make a contribution in each guest speaker's name to that initiative. Thus, at the end of her year, she will be donating \$5000 to her chosen organization, [Mending Matters](#), in all of their names. President Judy would like to invite you to donate to Mending Matters as well, and she has further pledged to match dollar-for-dollar (no matter the amount) any and all of our club's donations earmarked to that organization.

Here's how to make that gift to Mending Matters through our Rotary Club of San Diego Foundation:

To make a gift by check, please make check payable "The Rotary Club of San Diego Foundation" and include "Mending Matters" in the memo, and mail it to the following address:

San Diego Rotary Club
2247 San Diego Avenue, Suite 233
San Diego, CA 92110

To make a [gift online](#), please visit our website and use the yellow donate button. If possible, please notify [Jordan](#) at the office if you choose this donation method.

To make a gift by phone, please call the Rotary office and provide your credit card information.

Another way to be involved in President Judy's initiative is to attend the upcoming

[Mending Matters Workshop](#)

This a free workshop for Rotarians titled "What I Wish My Parents and Grandparents Knew." Mental health therapists will share info and tips about the needs of high school students today, including data from their school-wide mental health surveys, and feedback from their student advisors in 20 local high schools. They will focus on areas of life students have shared they need support with; areas such as stress and anxiety management, motivation and energy, as well as adjusting to change, and, they will field our questions on how to support the youth in our lives.

This workshop is May 20th from 9:30 a.m.—12:30 p.m.
Goodwill Classroom
3663 Rosecrans St.
San Diego, CA 92110

*Please notify [Becky](#) or [Jordan](#) if you'd like to attend.

[Click Here](#) to watch the *Mending Matters Rotary program.*

