San Diego Rotary THE ROTATOR Volume 109, No. 40 April 27, 2023

If you missed our April 27th program, *FBI Special Agent in Charge Stacey Moy*, you may click on the picture below to view a video of it.



How did you like this week's program? Take the survey by clicking <u>HERE.</u>

A special *thank you* to this week's Rotary News sponsor, Tracy Sundlun.

Next Meeting: May 4th Steve Fambro—Co-Founder Aptera Motors, Inc.



Cannot attend in person? Here is the weekly recurring ZOOM LINK to tune in virtually at <u>12:30pm</u>. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

MMM SAN DIEGO

On behalf of the Mr. Mrs. Ms. San Diego Executive Committee, we are thrilled to share the 2023 Nomination Form for MMM SD. To qualify,

"A candidate should be a living person, not now in government elective office, who has contributed outstanding community betterment to the San Diego region in a variety of ways, through his/her efforts over a long period of time."

Please remit completed nomination form to Jordan Maharaj, Executive Director of The San Diego Rotary Club, by Thursday, June 1st 2023 by 4:00pm. Late nomination forms will not be accepted.

Click <u>HERE</u> to download the form.



New Member Reception



Our prospective new member reception takes place this Thursday, May 4th at 11:00 a.m. Bring your colleagues and friends to learn more about San Diego Rotary Club.

<u>Register Here</u>



Click **HERE** to read this month's *Rotary Magazine*



Dear San Diego Rotary Club Members,

You are receiving this message as we would like to request each member's electronic transmission of communications from the club to each member.

In the past year, we have learned that there are a number of ambiguities and inconsistencies in the Club's bylaws and records, and we are in the process of amending these. The first step, included in this email, is to confirm each member's consent to receive communications from the club via email ("Electronic Transmission").

Please click <u>here</u> to see a link to the current bylaws that we are working towards being amended. As soon as all confirmations are received, the proposed Bylaw amendments will be submitted for approval by the voting members.

CLICK HERE TO ACCEPT AND PROVIDE ELECTRONIC COMMUNICATIONS CONSENT

Please contact Jordan at the office (jordan@rotary33.org) if you have any questions or need additional information.

May 1-7 BIRTHDAYS

May 1: Steve Cairncross May 3: Deborah Szekely May 5: Simona Valanciute, Bev Siligmueller May 6: George Gildred

UPCOMING PROGRAMS

May 11th Dr. Vincent Felitti: Principal Investigator of Adverse Childhood Experiences (ACES)



<u>May 25th</u> Councilwoman Laurie Gonzalez: Rincon Band of Luiseno Indians



<u>June 1st</u> Dr. Yourman: San Diego County Chief Geriatric Officer



Rotarians at Work 2023





Sign up <u>here</u> for the Storefront Youth Beautification Project on <u>May 6th</u> from 9:00-12:00 p.m.

Or

Here for the Ethnic Food Festival in Balboa Park <u>May 7th from 9:15-1:30 p.m.</u>



Dear fellow Rotarians,

President Judy chose Adolescent Mental and Behavioral Health as her initiative for her presidential year. And from attending programs you know she has been pledging to make a contribution in each guest speaker's name to that initiative. Thus, at the end of her year, she will be donating \$5000 to her chosen organization, <u>Mending Matters</u>, in all of their names. President Judy would like to invite you to donate to Mending Matters as well, and she has further pledged to match dollar-for-dollar (no matter the amount) any and all of our club's donations earmarked to that organization.

Here's how to make that gift to Mending Matters through our Rotary Club of San Diego Foundation:

To make a gift by check, please make check payable "The Rotary Club of San Diego Foundation" and include "Mending Matters" in the memo, and mail it to the following address:

San Diego Rotary Club 2247 San Diego Avenue, Suite 233 San Diego, CA 92110

To make a **<u>gift online</u>**, please visit our website and use the yellow donate button. If possible, please notify **Jordan** at the office if you choose this donation method.

To make a gift by phone, please call the Rotary office and provide your credit card information.

Another way to be involved in President Judy's initiative is to attend the upcoming

Mending Matters Workshop

This a free workshop for Rotarians titled "What I Wish My Parents and Grandparents Knew." Mental health therapists will share info and tips about the needs of high school students today, including data from their school-wide mental health surveys, and feedback from their student advisors in 20 local high schools. They will focus on areas of life students have shared they need support with; areas such as stress and anxiety management, motivation and energy, as well as adjusting to change, and, they will field our questions on how to support the youth in our lives.

This workshop is May 20th from 9:30 a.m.—12:30 p.m. Goodwill Classroom 3663 Rosecrans St. San Diego, CA 92110

*Please notify <u>Becky</u> or <u>Jordan</u> if you'd like to attend.

<u>Click Here</u> to watch the Mending Matters Rotary program.

