



If you missed our May 18th program, *4 Prez's and an Oatsey*, you may click on the picture below to view a video of it.

4 Prez's and an Oatsey



Four of San Diego Rotary's Past Presidents discussed the events that occurred during their year with David Oates as the moderator.

How did you like this week's program? Take the survey by clicking [HERE](#).

A special *thank you* to this week's Rotary News sponsor, Phil Blair of ManPower.

Next Meeting: May 25th
Councilwoman Laurie Gonzalez: Rincon Band of Luiseño Indians



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at **12:30pm**. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

A MESSAGE FROM CHUCK PRETTO

Click [HERE](#) to read a message from Chuck.

If you would like to mail a get well card to Chuck Pretto, please send to:

Mr. Chuck Pretto
3555 Rosecrans St. Suite 114-109
San Diego, CA 92110

Please remember, he is not accepting flowers at this time.

MMM SAN DIEGO

On behalf of the Mr. Mrs. Ms. San Diego Executive Committee, we are thrilled to share the 2023 Nomination Form for MMM SD. To qualify,
"A candidate should be a living person, not now in government elective office, who has contributed outstanding community betterment to the San Diego region in a variety of ways, through his/her efforts over a long period of time."
Please remit completed nomination form to Jordan Maharaj, Executive Director of The San Diego Rotary Club, by Thursday, June 1st 2023 by 4:00pm. Late nomination forms will not be accepted.
Click [HERE](#) to download the form.

NEW MEMBERSHIP

The following applicants were recommended to the Board of Directors by the Membership Committee and will be approved for membership unless objections are received at the Rotary office by **May 26th**.

*Tonya Torosian– Promises@Kids- "Social Services-Promises2Kids"

*Kelsey Olson–Compass Realty- "Real Estate-Residential-AA"

May 22-29 BIRTHDAYS

May 24: Arnulfo Manriquez, Ed Chaplin

May 25: Justine Wong

May 26: Trevor Blair, Mike Meaney, Mort Jorgensen

May 27: Shelly Verhoye, Ray McKewon, Marie Raftery

IN LOVING MEMORY

*A Memorial Service will be held this Tuesday,
May 23rd, starting at 2:30 at Miramar National Cemetery for
Wayne Goodermote
San Diego Rotary President 2011-2012*



Obituary

*A Celebration of Life will be held June 19th at 4:00 p.m. in
Building 177 at Liberty Station, 2875 Dewey Road for
Judy McDonald*



Obituary

UPCOMING PROGRAMS

June 1st

Dr. Yourman: San Diego County Chief Geriatric Officer



June 8th

Dan Walters: CalMatters.org Columnist and Author



June 15th

Geoffrey Wahl, PhD: Tackling Cancer's Complexities with
"Basic" Research



FACES IN THE CROWD

Photos courtesy of Mike Conner



(Lt.) Club 33 Singers. (Rt.) James Morrison inducts **Michael Brunker** into the Paul Harris Society with Don Fipps and **President Judy**.



(Lt.) **Bob Russell** stands in for Rotarian of the Quarter **Bill Herrin** with **President Judy**.
(Rt.) **Mia Harenski** and **President Judy** congratulate Lucianna, the class of 2023 Cardinals Interact spokesperson.



(Lt.) Cardinals Interact 2023 graduating class.
(Rt.) **David Oates**, the moderator, stands with **President Judy** and past presidents **Tom Vecchione**, **Suzy Spafford**, **Bob Russell** and **Bonnie Schwartz**.

Dear fellow Rotarians,

President Judy chose Adolescent Mental and Behavioral Health as her initiative for her presidential year. And from attending programs you know she has been pledging to make a contribution in each guest speaker's name to that initiative. Thus, at the end of her year, she will be donating \$5000 to her chosen organization, [Mending Matters](#), in all of their names. President Judy would like to invite you to donate to Mending Matters as well, and she has further pledged to match dollar-for-dollar (no matter the amount) any and all of our club's donations earmarked to that organization.

Here's how to make that gift to Mending Matters through our Rotary Club of San Diego Foundation:

To make a gift by check, please make check payable "The Rotary Club of San Diego Foundation" and include "Mending Matters" in the memo, and mail it to the following address:

San Diego Rotary Club
2247 San Diego Avenue, Suite 233
San Diego, CA 92110

To make a [gift online](#), please visit our website and use the yellow donate button. If possible, please notify [Jordan](#) at the office if you choose this donation method.

To make a gift by phone, please call the Rotary office and provide your credit card information.

Another way to be involved in President Judy's initiative is to attend the upcoming

[Mending Matters Workshop](#)

This a free workshop for Rotarians titled "What I Wish My Parents and Grandparents Knew." Mental health therapists will share info and tips about the needs of high school students today, including data from their school-wide mental health surveys, and feedback from their student advisors in 20 local high schools. They will focus on areas of life students have shared they need support with; areas such as stress and anxiety management, motivation and energy, as well as adjusting to change, and, they will field our questions on how to support the youth in our lives.

This workshop is June 15th from 1:45 p.m.—3:30 p.m.
Liberty Station Classroom directly after our meeting.

*Please notify [Becky](#) or [Jordan](#) if you'd like to attend.

[Click Here](#) to watch the *Mending Matters Rotary program.*

