



If you missed our May 25th program, *Rincon Band of Luiseño Indians, Councilwoman Laurie Gonzalez*, you may click on the picture below to view a video of it.

## Miiyuyam!

## Hello to all of you!



How did you like this week's program? Take the survey by clicking [HERE](#).

A special *thank you* to this week's Rotary News sponsor, Divya Kakaiya of Healthy Within.

**Next Meeting: June 1st**  
**Dr. Yourman: San Diego County Chief Geriatric Officer**



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at **12:30pm**. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

# CLUB SURVEY/COMMITTEE SIGNUPS

Dear San Diego Rotary Members,

**It is time for** the annual survey of our members. As we value your opinion, we would greatly appreciate it if you would take a few minutes to complete the survey. Please follow the link and complete the survey in its entirety by Thursday, June 8th. All replies are completely anonymous, and we have included space for any additional comments.

[CLICK HERE TO TAKE THE ANNUAL CLUB SURVEY](#)

[CLICK HERE TO SIGN-UP FOR COMMITTEE SIGN-UPS \(June 15 deadline\)](#)

**Thank you in advance for your support and participation!**

## CARDINALS INTERACT

**Congratulations to the graduating Hoover High Cardinals Interact students!**

Click [HERE](#) to watch their video.

If you are interested in being a part of this committee, please contact Chair David Kvendru here: [tamuc2011@gmail.com](mailto:tamuc2011@gmail.com)

## MMM SAN DIEGO

On behalf of the Mr. Mrs. Ms. San Diego Executive Committee, we are thrilled to share the 2023 Nomination Form for MMM SD. To qualify,

"A candidate should be a living person, not now in government elective office, who has contributed outstanding community betterment to the San Diego region in a variety of ways, through his/her efforts over a long period of time."

Please remit completed nomination form to Jordan Maharaj, Executive Director of The San Diego Rotary Club, by Thursday, June 1<sup>st</sup> 2023 by 4:00pm. Late nomination forms will not be accepted.

Click [HERE](#) to download the form.

## May 29-June 4 BIRTHDAYS

May 30: Courtney Pendleton

June 1: Kea Spurrier

June 3: Chuck Pretto, Glenn Rossman

# UPCOMING PROGRAMS

June 8th

Dan Walters: [CalMatters.org](http://CalMatters.org) Columnist and Author



June 15th

Geoffrey Wahl, PhD: Tackling Cancer's Complexities with  
"Basic" Research



June 22nd

President Judy's Roast



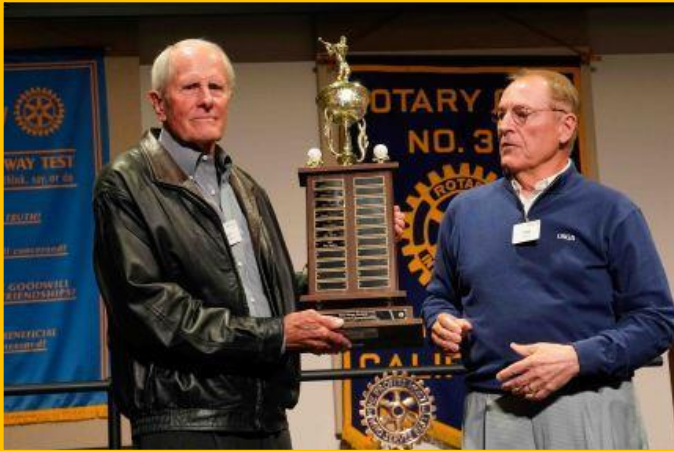


# FACES IN THE CROWD

*Photos courtesy of Mike Conner*



(Lt.) Councilwoman Gonzalez with **President Judy**, Chair of the Day **Mike Conner**, and Inspirational Moment speaker **Michael McHale**. (Rt.) Congratulations **Betty Peabody** on being given the key to the city!



(Lt.) **Guy Maddox** is awarded the golf trophy by Golf Chair **Tom Wilson**.  
(Rt.) Congratulations to both this year and last year's Diana Venable Scholarship recipients.



(Lt.) Chair of the Day **Mike Conner** with his daughter Jennifer Serna.  
(Rt.) Tribal Councilwoman Gonzalez with **President Judy**.

Dear fellow Rotarians,

President Judy chose Adolescent Mental and Behavioral Health as her initiative for her presidential year. And from attending programs you know she has been pledging to make a contribution in each guest speaker's name to that initiative. Thus, at the end of her year, she will be donating \$5000 to her chosen organization, [Mending Matters](#), in all of their names. President Judy would like to invite you to donate to Mending Matters as well, and she has further pledged to match dollar-for-dollar (no matter the amount) any and all of our club's donations earmarked to that organization.

Here's how to make that gift to Mending Matters through our Rotary Club of San Diego Foundation:

To make a gift by check, please make check payable "The Rotary Club of San Diego Foundation" and include "Mending Matters" in the memo, and mail it to the following address:

San Diego Rotary Club  
2247 San Diego Avenue, Suite 233  
San Diego, CA 92110

To make a [gift online](#), please visit our website and use the yellow donate button. If possible, please notify [Jordan](#) at the office if you choose this donation method.

To make a gift by phone, please call the Rotary office and provide your credit card information.

Another way to be involved in President Judy's initiative is to attend the upcoming

### Mending Matters Workshop

This a free workshop for Rotarians titled "What I Wish My Parents and Grandparents Knew." Mental health therapists will share info and tips about the needs of high school students today, including data from their school-wide mental health surveys, and feedback from their student advisors in 20 local high schools. They will focus on areas of life students have shared they need support with; areas such as stress and anxiety management, motivation and energy, as well as adjusting to change, and, they will field our questions on how to support the youth in our lives.

This workshop is June 15th from 1:45 p.m.—3:30 p.m.  
Liberty Station Classroom directly after our meeting.

\*Please notify [Becky](#) or [Jordan](#) if you'd like to attend.

[Click Here](#) to watch the Mending Matters Rotary program.

