

## THE ROTATOR

Volume 110, No. 21 December 7, 2023

If you missed our December 7th program, *Miles Levin: Ending Stigma Through Cinema*, you may click on the picture below to view a video of it.



A special *thank you* to our Rotary News sponsor, Jennifer Barnes.

How did you like this week's program? Take the survey by clicking HERE.

This week's Program: Dr. Sylvia Whitlock: The Edge of Tomorrow

Dr. Sylvia Whitlock was the first female to ever serve as President of a Rotary Club.

Come hear her story.



Cannot attend in person?

Here is the weekly recurring **ZOOM LINK** to tune in virtually at <u>12:30pm</u>. You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

## ELECTION

#### **OUR OFFICER AND BOARD ELECTION HAS BEGUN!**

You should have received your ballot via a Simply Voting email.

Voting closes this Friday, December 15th, at 5 p.m. Results will be announced at the Holiday Program on December 21st.

(Please be sure to check your junk mail if you don't see the ballot in your inbox.)



## BECOME A PLATELET DONOR

Kim Pretto has asked for assistance in getting members to donate platelets. Our beloved Chuck Pretto has been fighting cancer and is using them—sadly, there is a shortage. Interested platelet donors should contact the <u>Blood Bank of San Diego</u> or the <u>American Red Cross</u> to schedule a donation.

If you plan to donate platelets in Chuck's honor, please use this Code:

#### **CP23**

This code can be used indefinitely in Chuck's honor and will not expire. Please feel free to forward on to family and friends who would also like to donate in his name. There are 9 donation locations and various mobile blood drives throughout San Diego County and Southern California – Orange County., including a site right in Liberty Station!

Appointments are encouraged, and walk-ins are welcome. Book through <a href="https://www.sandiegobloodbank.org/donate">www.sandiegobloodbank.org/donate</a> and ask donors to mention code CP23 at reg-

istration. Here is a list of blood donor requirements for your convenience: <a href="https://www.sandiegobloodbank.org/donors/blood-donor-requirements">https://www.sandiegobloodbank.org/donors/blood-donor-requirements</a>

The process of donation typically takes 2-3 hours. It involves drawing blood, separating platelets and returning the remaining components to the donor through an automated collection device. The actual platelet donation itself usually lasts around 90 to 120 minutes.

## **DECEMBER 11-17 BIRTHDAYS**

December 11: Amnon Ben-Yehuda, Rick Brooks

December 12: Jerry Jessop

December 14: Mia Harenski, Mike Novak, Ed Mracek

December 15: Alessandra Costigliola, Skip Hymes, Debbie Day

December 15: Dick Murphy, Lenny Leszczynski

December 17: Martha Dennis

## **UPCOMING PROGRAMS**

#### **December 21st Annual Holiday Program:**

Peace \* Hope \* Love

Whatever the language, the message is still the same.

#### Bring your clubs this week to Rotary!

#### Club 33 Golf Tournament Round 1

Rotary Golf The Loma Club December 14th 2:10 p.m.

2960 Truxton Rd, SD,
Directly after the meeting!
Please join us for

Fellowship Fun Prizes
Nine holes

\$18 per player

Email Marten Barry to sign up: <a href="mailto:mbarry@naisandiego.com">mbarry@naisandiego.com</a>.

## **LOBBYING**

Camp Enterprise would love for *you* to be a facilitator! Please contact Beatriz Valencia or Mark Burgess for your chance to make a difference in a high school junior's understanding of business!



## WELCOME NEW MEMBER



Please welcome San Diego Rotary Club's newest member Tad Parzen. Tad is the President and CEO of the Burnham Center for Community Advancement. You can learn about him by watching our December 7th meeting video, linked on page 1.

## **COMMITTEES AT WORK**

Military Affairs Committee organized another food distribution event at Dewey Elementary.







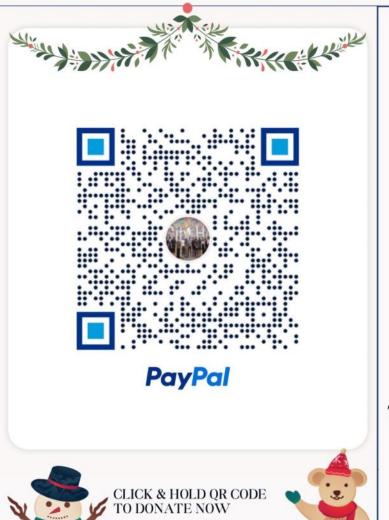
IDEA Committee hosted a SPARK Event at the Chicano Federation.



## CITY HEIGHTS ROTARACTS

Support the City Heights Rotaracts at our Holiday Program on December 21st!

# CITY HEIGHTS ROTARACT CLUB FUNDRAISER



12/21/2023 Heartfelt Holiday Ornaments S15

Purchase before & after meeting!

Funds will go towards our district grant project.

Payable via:

- Cash
- PayPal

Thank you for supporting our club & Happy Holidays!



## FACES IN THE CROWD

Photos courtesy of Paul Nestor





(Lt.) **President Michael, Roger Haines** and **David Finn** welcome a guest. (Rt.) *Welcome Back Don Wells—we've missed you!* With **Bridget Meckley** and **Diane Cox.** 





(Lt.) Rob Fletcher is presented with a check for Hands Across the Border by President Michael. (Rt.) Doug Arbon and Peter MacGlaggan present the MacGlaggan Frye Award to Beatriz Valencia with President Michael.





(Lt.) **President Michael** with Dr. Anny Reyes, Miles Levin, **Wendy Urushima-Conn** and **Ingrid de Llamas**. (Rt.) **President Michael** gave the Reimagine-Rotary coin to guest speaker Miles Levin.