



If you missed our December 14th program, *Dr. Sylvia Whitlock: The Edge of Tomorrow*, you may click on the picture below to view a video of it.



A special *thank you* to our Rotary News sponsor, Elizabeth Fitzsimons.

How did you like this week's program? Take the survey by clicking [HERE](#).

This week's Program: 2023 Holiday Program!

*Peace * Hope * Love*

Whatever the language, the message is still the same.

Cannot attend in person?

Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at **12:30pm.**

You may also phone in to listen to the meeting: Phone: 1-669-900-6833

Password: 84935003462# (include the "pound" sign).

WELCOME NEW MEMBERS



Amie Brown is the Chief External Affairs officer for Meals on Wheels San Diego county, and **Mary Dawe** is a retired Senior Attorney for the California State of Appeal. You can learn more about them by clicking [here](#), or by watching their self introductions from this week on page 1 of the *Rotator*.



BECOME AN SDSU MENTOR

The SDSU Rotaracts recently announced a renewed mentorship program as they just admitted 30 new students! There will be a great number of students who would love to be mentored by our Club members. Everyone is welcome!

Follow this link to the interest form:

[Rotary Mentor Interest Form](#)

DECEMBER 18-24 BIRTHDAYS

December 18: John Van Deusen, Scott Wilson

December 21: Marc Tarasuck, John Anewalt, David Bejarano,

Nicholas Wohlman

December 24: Stephanie Saathoff

LOBBYING

Youth Homeless Committee



Homelessness is arguably San Diego's most pressing social issue. More than 1,500 youth are among the homeless in San Diego County. Moreover, youth make up 12 percent of the county's unsheltered homeless population, higher than veterans at 10 percent and families at 3 percent.

Until recently our club supported "Storefront", the only emergency youth shelter in our city. Now, with the outreach and connections of Chairman Drew Moser and Vice Chair Zeynep Ilgaz, we are serving several homeless youth organizations including:

Storefront

San Diego Youth Services

Youth Assistance Coalition

Urban Street Angels



Our youth homeless committee had a jolly time at Storefront this weekend, engaging in festive activities with the residents. Together, we decorated festive Christmas cookies and built gingerbread houses. It warmed our hearts to gift each child and staff member cozy presents, including snuggly blankets, comfy pajamas, and soft slippers. Storefront is the county's only emergency night shelter offering shelter and support services to homeless and runaway youth aged 12 to 17.

LET'S HELP CHUCK!

1 BLOOD DONATION CAN HELP SAVE UP TO THREE LIVES

Calling All Rotarians!

Donate blood for local patients like San Diego Rotary past president Chuck Pretto, who is currently battling leukemia. Thus far, Chuck's treatment has included stem cell and bone marrow replacements and now, he needs platelets at a time when supplies are low.

Mention code **CP23** when you check-in to donate blood on behalf of Chuck at any San Diego Blood Bank donor center, including:

Liberty Station Donor Center

2850 Womble Rd., Suite 30C-101B,
San Diego, CA 92106

Across from the fountain, next to Yoga Six, and behind Trader Joe's.



San Diego
Blood Bank



Schedule an Appointment Today!

Scan QR Code | Call (619) 400-8251

Visit sandiegobloodbank.org/donate

Walk-ins Welcome

Photo ID Required. Arrive Hydrated.

CITY HEIGHTS ROTARACTS

This week at the Holiday Program!

CITY HEIGHTS ROTARACT CLUB FUNDRAISER



PayPal



CLICK & HOLD QR CODE
TO DONATE NOW



12/21/2023

Heartfelt Holiday
Ornaments \$15

Purchase before &
after meeting!

Funds will go
towards our district
grant project.

Payable via:

- Cash
- PayPal



Thank you for supporting
our club & Happy
Holidays! ❤️❤️



FACES IN THE CROWD

Photos courtesy of Paul Nestor



(Lt.) Several of our Rotarians welcome other female Rotarians from around the county. (Rt.) Wonderful to welcome **Pat Crowell's** wife **Maggi**.



(Lt.) **Wendy McKinney** with **Sylvia Whitlock** and guests. (Rt.) **Suzy Spafford** gifts Dr. Whitlock a Suzy's Zoo calendar with **Wendy Urushima-Conn**.



(Lt.) Dr. Whitlock with SDSU Rotaracts. (Rt.) Mayor Todd Gloria's proxy dedicated a proclamation naming December 14th **Sylvia Whitlock Day** with **President Michael**.